

Yale Geriatrics

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Resource Directory



Updated: March 2022

Geriatric Resource Directory

Southwestern, Southcentral, Central, Eastern Connecticut, Southeastern New York, and Southern Rhode Island.

Dear Patients, Caregivers and Colleagues,

The Yale Connecticut Older Adult Collaboration for Health (COACH 4M) is pleased to provide a newly revised, expanded and user-friendly version of our Geriatric Resource Directory. The COACH 4M project aims to improve access to care and thus better health outcomes for older adults and promote dementia friendly communities.

The revised directory provides listings of available services and organizations throughout Connecticut as well as parts of southeastern New York and southwestern Rhode Island.

You can navigate the content through links in the Table of Contents and by town listed alphabetically under each section or by opening the bookmark tab and navigating to the sections and towns.

The Geriatric Resource Directory is to be used as a guide. COACH 4M does not recommend or endorse the services provided by the organizations and individuals listed in the directory. A decision to engage any of the individuals or organizations should be based upon your own investigation of facts and relevant circumstances. COACH 4M recommends you call or visit listed web-sites for the most current information.

The COACH 4M team hopes you find the Geriatric Resource Directory helpful to your efforts in caring for older adults throughout Connecticut.

For more information on the Yale COACH 4M program please visit:

<https://medicine.yale.edu/intmed/geriatrics/agingresources/coach/>

Sincerely,

Richard A. Marottoli, MD, MPH

Professor of Medicine

Project Director, CT Older Adult Collaboration for Health 4M

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Yale Connecticut Older Adult Collaboration for Health

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***Note: You can navigate this Directory through the links in this Table of Contents, or by opening the bookmarks in the PDF reader**

Adult Day Care Centers

There are two different models of Adult Day Care – the social model and the medical model. The **social model** is for individuals who do not require assistance with medical or personal care. The **medical model** provides personal care, such as rehabilitation, therapeutic recreation, and nursing intervention.



Helpful Sites:

CONNECTICUT ASSOCIATION OF ADULT DAY SERVICES

110 Barnes Road
Wallingford, CT 06517
(203) 678-4649
Web: www.ctadulday.org

MY PLACE CT

www.myplacect.org

- click on Services and supports
- click on Adult Day Care
- scroll down to find an adult day care program in your area

Connecticut				
Town	Name	Address	Contact	Website
Avon	Friendship Circle Adult Day Center	280 Country Club Rd, Avon, CT 06001	860-673-7631	
Branford	Orchard House Adult Day Care Center	421 Shore Dr. Branford, CT 06405	(203) 481-7110 info@theorchardhouse.org	
Bridgeport	Grasmere By the Sea Adult Day Services	4200 Park, Ave. Bridgeport, CT 06604	(203)365-6470	
Bridgeport	The Kennedy Center	184 Garden St. Bridgeport, CT 06605-1213	(203)481-7110	
Bridgeport	Park City Adult Day Care	55 Chapel St. Bridgeport, CT 06604-4021	(203)335-1001	

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Adult Day Care Centers

Clinton	Robin's Nest (Respite Care) Intergenerational Adult Day Care	94 High St. Clinton, CT 06413	(860) 664-3568 (860) 662-0307	https://www.robinsnestct.com
Cos Cob	River House Adult Day Center (formerly Greenwich Adult Day Care)	125 River Road Ext, Cos Cob, CT 06807-2556	(203)622-0079	www.theriverhouse.org
Groton	Mind Matters	801 Poquonnock Rd, Suite 6/7 Groton, CT 06340	(860)449-2903	https://shorelinemindmatters.wixsite.com/mindmatters
Hamden	Clelian Adult Day Center	261 Benham St. Hamden, CT 06514	(203) 288-4151	https://www.clelianncenter.com
Hamden	Juniper Adult Day Care	119 Sanford St. Hamden, CT 06514	(203) 230-1180	https://www.juniperhomecare.com
Hamden	Partnerships Center For Adult Day Care	3 Industrial Cir. Hamden, CT 06517	(203) 248-8854	https://partnershipsadc.org
Hartford	Juniper Adult Day	598 Farmington Ave., Hartford, CT	(860)523-7989	info@juniperhomecare.com
Hartford	Day-Break at Hartford	243 South Whitney St., Hartford, CT 06105	(860)523-0108	www.daybreakathartford.com
Madison	The Strong House Adult Day Center	546 Durham Rd. Madison, CT 06443	(203) 245-0524	https://stronghousect.org
Middletown	All Care LLC Day Club	32 Miner St, Middletown, CT 06457	(860) 632-1119 www.allcarect@gmail.com	
Middletown	Daytymers Social Club at Heritage Commons	38 Boston Rd Middletown, CT 06457	860-344-1221	www.heritagecommons.com/
Milford	Milford Senior Center/ Ahrens Program	9 Jepson Dr. Milford, CT 06460	(203) 877-5131	www.milfordctseniorcenter.com
Moodus	Chestelm Adult Day Services	542 Town Street Moodus, CT. 06469	(860)873-3833 (860)873-1455	www.chestelm.com
Mystic	Masonicare at Mystic	45 Clara Drive Mystic, CT	(860)415-2500	
New Britain	Juniper at Regency	55 Spring St New Britain, CT 06051	(860)893-1970 *Spanish Speaking*	

Adult Day Care Centers

New Canann	Waveny Home Healthcare	21 Grove St. New Canaan, CT 06840-6626	(203) 594-5248	
New Canaan	Waveny Adult Day Program	3 Farm Rd New Canaan, CT 06840	(203) 594-5301	
Newington	Family Adult Day Care	445A Willard Ave Newington, CT 06111	(860)436-2013	
New Haven	Mary Wade Home Adult Day Center	118 Clinton Ave. New Haven, CT 06513	(203) 562-7222	https://marywade.org
Norwalk	ElderHouse Adult Day Center	7 Lewis St. Norwalk, CT 06851-4704	(203)847-1998	
Norwich	Easterseals Capital Region & Eastern Connecticut	24 Stott Avenue Norwich, CT 06360	(860)859-4148	www.easterseals.com/hartford/
Norwich	Ross Adult Day Center, United Community & Family Services	165 McKinley Ave Norwich, CT 06360-3509	(860)889-1252	www.ucfseldercare.org
Norwich	Eliza Huntington Memorial Home of Norwich, Inc	99 Washington St. Norwich, CT 06360-5023	(860)887-0684	
Old Saybrook	Mind Matters	220 Old Boston Post Rd, Suite 2 Old Saybrook, CT 06475	(860)395-7030	
Plantsville	Live Well Day Center	1261 S Main St, Plantsville, CT 06479	(860) 628-9000 info@livewell.org	
Waterbury	Day-Break at Waterbury	161 Interstate Ln. Waterbury, CT 06705	(203) 757-0106	http://www.daybreakatwaterbury.com/
West Hartford	Juniper Adult Day Elmwood	1086 New Britain Ave. West Hartford, CT 06110	(860)523.1418 opt. 5	

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Adult Day Care Centers

Windsor	Easterseals Capital Region & Eastern Connecticut	100 Deerfield Rd Windsor, CT 06095	(860)270-0600	www.easterseals.com/hartford/
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Rhode Island

Town	Name	Address	Contact	Website
Jamestown	Alite Adult Day Care	49 North Main Rd Jamestown, RI 02835	(401)423-1071	
South Kingstown	South Kingstown Adult Day Services	283 Post Rd, South Kingstown, RI 02879-7507	(401)783-8736	
Wakefield	South County Senior Care	28 Columbia Street Wakefield, RI 02879-3210	(401)792-4949	
Westerly	Adult Day Center of Westerly	5 Union Street Westerly, RI 028915	(401)596-1336	www.pace-ri.org

New York

Town	Name	Address	Contact	Website
Corona	Comfort Adult Day Care Center, Inc.	100-05 Roosevelt Ave., Corona, NY 11368	(718)651-5700	
Cortland Manor	Adult Day Care at Fieldhome	2300 Catherine St. Fl 2, Cortlandt Manor, NY 10567- 7231	(914)739-2244	
Haverstraw	Centro de Amigos, LLC, Social Adult Day Services	91 Broadway Haverstraw, NY 10927	(845)553-9777	

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Adult Day Care Centers

Mount Kisco	My Second Home	95 Radio Circle Dr. Mount Kisco, NY 10549-2611	(914)241-0770 Ext. 257 Contact: Karen Bisignano, Director kbisignano@fs w.org	
Mount Vernon	The Wartburg Home	Bradley Ave. Mount Vernon, NY 10552	(914)699-0800	
New Rochelle	Between Ages Adult Social Center	175 Memorial Hwy, New Rochelle, NY 10801	(914)740-5160	

Area Agencies on Aging

Area Agencies on Aging (AAAs) help older adults and caregivers access services and supports that maximize independence. The client's income and/or assets may be used to determine eligibility. Assistance navigating complex social and health care programs is available to everyone.

AAAs research and evaluate elderly issues, and offer community education to senior adults, caregivers, students and the community at large. We have extensive information on the needs of seniors as well as the services that can meet those needs. AAAs serve as an advocate for older individuals.

Area Agencies administer programs and services for frail elderly and caregivers.

1. Supportive services for clients with Alzheimer's and other dementias.
 2. Services and equipment that provide respite (a rest) for caregivers.
 3. Aging Resource Centers and the CHOICES Program (Medicare, health insurance and general information.)
 4. Medicaid programs that offer an alternative to nursing home care.
 5. Private care management to identify resources for clients with income or assets above eligibility for state programs.
 6. Chaperone support program for seniors, veterans and family caregivers.
- (See Flyer)

Area Agencies have information on:

- All programs and services for senior adults
- Caregiver services
- Services for grandparents raising grandchildren
- Transportation

Area Agencies on Aging

Eastern Connecticut

Town		Name	Address	Contact	Website
Ashford	Lyme	Senior Resources Eastern Connecticut Area Agency on Aging DBA Aging and Disability Services	19 Ohio Avenue, Suite 2 Norwich, CT 06360	(860) 887-3561 Toll Free: (800) 690-6998 Fax: (860) 886-4736	http://www.seniorresourcesec.org/programs-services/nutrition
Bozrah	Mansfield				
Brooklyn	Middlefield				
Canterbury	Middletown				
Chaplin	Montville				
Chester	North Stonington				
Colchester	Norwich				
Columbia	Old Lyme				
Coventry	Old Saybrook				
Clinton	Plainfield				
Cromwell	Preston				
Deep River	Pomfret				
Durham	Portland				
Eastford	Putnam				
East Haddam	Salem				
East Hampton	Scotland				
East Lyme	Sprague				
Essex	Sterling				
Franklyn	Stonington				
Griswold	Thompson				
Groton	Union				
Haddam	Voluntown				
Hampton	Waterford				
Killingly	Willington				
Killingworth	Windham				
Lebanon	Woodstock				
Ledyard					
Lisbon					
London					
Barkhamsted	Naugatuck	Western Connecticut AAA (WCAAA) An Aging and Disability Resource Center (ADRC)	84 Progress Ln Waterbury, CT 06705-3863	Phone: (203) 757-5449 Toll Free: (800) 994-9422 Fax: (203) 757-4081	
Beacon Falls	New Fairfield				
Bethel	New Hartford				
Bethlehem	New Milford				
Bridgewater	Newtown				
Brookfield	Norfolk				
Canaan	North Canaan				

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Area Agencies on Aging

Cheshire	Prospect				
Colebrook	Redding				
Cornwall	Ridgefield				
Danbury	Roxbury				
Goshen	Salisbury				
Harwinton	Sharon				
Kent	Sherman				
Litchfield	Southbury				
Middlebury	Thomaston				
Morris					
Bridgeport	Norwalk	Southwestern Connecticut Agency on Aging (SWCAA) & Independent Living	1000 Lafayette Boulevard, 9th Floor, Bridgeport, CT 06604	Tel: (203) 333-9288 Fax: (203) 696-3866	Website: http://www.swcaa.org
Darien	Stamford				
Easton	Stratford				
Fairfield	Trumbull				
Greenwich	Weston				
Monroe	Westport				
New Canaan	Wilton				
Ansonia	New Haven	Agency on Aging of South Central Connecticut (AOASCC)	117 Washington Ave North Haven, CT 06473	Tel: (203) 785-8533 Fax: (203) 785-8873	Website: http://www.aoascc.org
Bethany	North Branford				
Branford	North Haven				
Derby	Orange				
East Haven	Oxford				
Guilford	Seymour				
Hamden	Shelton				
Madison	Wallingford				
Meriden	West Haven				
Milford	Woodbridge				
Bronx	R.A.I.N. Alzheimer’s Caregiver Link Program R.A.I.N. Total Care Inc. Community Services - Regional Aide for Interim Needs		3377 White Plains Road Bronx, NY 10467	(347) 346-9676	www.raininc.org
Mount Vernon	Westchester County Department of Senior Programs & Services		9 S 1st Ave Mount Vernon, NY 10550-3414	(914) 813-6399	https://seniorcitizens.westchestergov.com



The Chaperone support program for seniors, veterans, and family caregivers.

This program is designed to provide a safe experience to your Medical and/or treatment appointments. Offering you a vetted, vaccinated, and trained volunteer to assist you for your home, to your mode of transportation, to the visit and then home again. Plus, the added bonus of some companionship along the way. Clients will be asked about their vaccination status. This program covers the towns of: Bethany, Branford, East Haven, Guilford, Hamden, Meriden, Milford, New Haven, North Branford, North Haven, Northford, Orange, Wallingford, West Haven and Woodbridge.

Chaperones do not drive; their sole purpose is to provide you with assistance and support.

This program works closely with Interfaith Volunteer Caregivers Transportation program (IVCG), but volunteer Chaperones can also be available to assist with whatever system you currently use.

- If using IVCG (203)230-8994, Volunteer Chaperones need to be assigned at least 1 week prior to your appointment and will be available for up to 3 hours, beyond that their time will need to be negotiated and approved.
- If you are using an alternative mode of transport you will need to schedule your trip with them, ensuring that having a chaperone is allowed, the guidelines and if there is a fee. You will be responsible for any fees or costs related to the ride.

All participants are required to register for the service and AOASCC staff will follow up to ensure we have all necessary information.

Please contact:

Cherie Strucaly at AOASCC (203) 785-8533 X 2907 or cstrucaly@aoascc.org

For more information.



AOASCC ~ 117 Washington Ave. # 17 ~ North Haven CT 06473

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Caregiver Support Groups

The Alzheimer's Association:

The Alzheimer's Association is a worldwide voluntary health organization dedicated to Alzheimer's care, support and research. Its mission is to lead the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

The Alzheimer's Association Connecticut Chapter is the primary source of information and support to the thousands of Connecticut residents dealing with the effects of Alzheimer's disease or a related dementia. With offices across the state in Norwalk, Norwich and our main office in Southington, we are able to offer our communities 24/7 multilingual Helpline support, Family Training Seminars, Care Consultation, First Responder training, Support Groups and Educational programs for both healthcare professionals and caregivers. The Chapter has influenced Public Policy changes and has provided support to dementia research in the hope of finding a cure.

24/7 Helpline: (800) 272-3900

Alzheimer's Association Community Resource Finder

Information on support groups in your area

<https://www.alz.org>

Alzheimer's Association ALZConnected®

Online social networking community

www.alzconnected.org

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Care & Support Resources

- **Call our 24/7 Helpline.** Care specialists and Master's level clinicians are ready to provide reliable information and confidential support all day, every day **800.272.3900**
- Join ALZConnected®, our free online community, to connect with other caregivers or people living with dementia: **alzconnected.org**
- Explore the Alzheimer's Association & AARP Community Resource Finder to locate dementia resources, programs and services in your area, including your local Association office: **alz.org/CRF**
- Assess your needs, create customized action plans and get information, support and local resources with Alzheimer's Navigator®: **alzheimersnavigator.org**
- Find various online education programs to take on your own time, whenever is convenient, on a variety of topics: **alz.org/education**
- Learn more about Alzheimer's and other dementias research and the Association's involvement in advancing the field: **alz.org/research**
- Access our catalog of brochures and topic sheets covering a variety of dementia-related topics: **alz.org/publications**

More resources for people living with dementia:

- Visit **alz.org/IHaveAlz** to start learning and planning in order to live your best life today.
- Find early stage social engagement activities to participate in at **alz.org/CRF**.
- Access LiveWell Online Resources at **alz.org/LiveWell** for free interactive tools and personalized steps for living well with the disease.
- Take our free Living with Alzheimer's: For People with Alzheimer's workshop online at **alz.org/education**.
- Find support groups for individuals living with Alzheimer's or another dementia at **alz.org/CRF**.

More resources for caregivers:

- Find support and information for all stages of the disease at **alz.org/care**.
- Visit **alz.org/safety** for a comprehensive offering of safety information, tips and resources.
- Take our free Living with Alzheimer's: For Caregivers workshop series online at **alz.org/education**.
- Find support groups to connect with other caregivers in your area at **alz.org/CRF**.



Caregiver Support Groups

Other General Resources:

Down Syndrome and Dementia Family Caregiver (Telephone Support) Group

Contact: Marianne Iversen

Phone: (925) 362-8660, x103

marianne@dsconnection.org

Adult Children Frontotemporal Degeneration (FTD) Caregiver Support Group (Telephone Support)

Contact: Jamie C. Fong, MS

University of California, San Francisco

Registration: (800) 272-3900

Email: jfong@memory.ucsf.edu

Best Practice Caregiving

Best Practice Caregiving is a partnership between Benjamin Rose Institution on Aging and Family Caregiver Alliance funded by The John A. Hartford Foundation, RRF Foundation for Aging and Archstone Foundation. It is a free online database of proven dementia programs for family caregivers. It offers a searchable, interactive, national database of vetted, effective programs that offer much-needed information and support. <https://bpc.caregiver.org/>

Health and Wellness Awareness Council

“Caregiver Burnout” link [Caregiver Burnout: Symptoms and How to Avoid Them](#)

Contact: Isabella Worth

Community Wellness Manager

Health and Wellness Awareness Council

HWACouncil.org; [tel:\(866\)](tel:866) 201-5893



*****Palliative Care Resources*****

www.getpalliativecare.org and www.capc.org.

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Caregiver Support Groups

Caregiver Support Groups				
Town	Name	Address	Contact	Notes/Website
Various Locations	Southern Connecticut Well Spouse Support Group	N/A	(203) 748-8886	
Branford	Orchard House Medical Adult Day Center	421 Shore Drive Branford, CT 06405	(203) 481-7110	
Branford	The Hearth at Gardenside	173 Alps Road Branford, CT 06405	(203) 483-7260 ext. 4249	
Branford	Evergreen Woods	88 Notch Hill Road Branford, CT 06471	(203) 483-3242	
Bridgeport	Jewish Senior Services	4200 Park Ave Bridgeport, CT 06604	(203) 365-6470	
Bronx	Riverdale YM-YWHA: Early Stage Dementia Chat	5625 Arlington Ave Bronx, NY 10471	(646) 418-4466 (800) 272-3900	
Bronx	El Bronx Cuida: Grupo de Apoyo: South Bronx (Caregivers Connect: South Bronx)	Bronx NY 10459	Phone: 1-800-272-3900	Para registrarse por favor llamar (Pre-registration & pre-screening)
Brooklyn	Quinebaug Valley Senior Center	69 S Main St., Ste 4 Brooklyn, CT 06234	860-377-6416	
Courtland Manor	Yorktown Assisted Living Residence: Cortlandt Manor Caregiver Support Group	2276 Catherine ST Cortland Manor, NY 10567	Contact: Diana Penna Phone: (914)-737-2255	
Darien	Maplewood At Darien	599 Boston Post Road Darien, CT 06820	Contact: Christine Marnelakis Phone: 203-470-5696 Email: darienmcd@maplewoodsl.com	
Darien	Mather Center	2 Renshaw Rd	Contact: Elizabeth Paris	

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Caregiver Support Groups

		Darien, CT 06820	Phone: 203-656-7490 Email: eparis@darienct.gov	
Derby	Griffin Hospital	130 Division Street Derby, CT 06418	(203) 732-7371	
East Hampton	East Hampton Library	159 Main St East Hampton, NY 11937	(631) 629-6950	
East Haven	The Village at Mariner's Point	111 South Shore Drive East Haven, CT 06512	(203) 467-0067	
Essex	Essex Library	33 West Ave Essex, CT 06426	860-986-4986	
Greenport	Peconic Landing	1500 Brecknock Rd Greenport, NY 11944	(631) 629-6950	
Guilford	Nathaniel B Green Community Center	32 Church Street Guilford, CT 06436	(203) 538-7287	
Guilford	VNA Community Healthcare	753 Boston Post Road Guilford, CT 06437	(203) 458-4284 (866) 474-5230	
Haddam	Saybrook at Haddam	1556 Saybrook Road Haddam, CT 06438	(860) 345-3779	
Hamden	Hamden Rehabilitation and Healthcare Center	1270 Sherman Avenue Hamden, CT 06514	(203) 281-7555	1st Thursday, 6:00-7:30 pm
Hamden	Alzheimer's Association Caregiver Support Group	2911 Dixwell Ave. Ste. 2015 Hamden, CT. 06518	(203) 710-0500	
Hamden	Arden House	850 Mix Ave. Hamden, CT 06514	(203) 281-3500	
Hamden	Benchmark Senior Living at Hamden	35 Hamden Hill Drive Hamden, CT 06518	(203) 230-1777 ext. 14	Last Wednesday monthly, 10:00am
Hamden	Clelian Adult Day Center	261 Benham Street Hamden, CT 06514	(203) 288-4151	
Hamden	Whitneyville Cultural Commons	1253 Whitney Avenue Hamden, CT 06517	(203) 654-9189	4th Thursday 7:00pm

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Caregiver Support Groups

Hamden	Miller Senior Center	2901 Dixwell Avenue Hamden, CT 06518	(203) 287-2547	Register with VNA Community Healthcare (866) 474-5230
Hamden	Meadow Mills Assisted Living & Memory Care	153 Leeder Hill Drive Hamden, CT 06517	(203) 407-2742	
Hamden	Whitneyville Cultural Commons	1253 Whitney Avenue Hamden, CT 06517	(203) 654-9189	4th Thursday, 7:00 pm
Hawthorne	Morningside House Adult Day Center	50 Broadway Hawthorne, NY 10532	Contact: Lisa Goldman Phone: (914)769.0953 Phone: (800) 272-3900	
Jewett City	Griswold Senior Center	22 Soule St Jewett City, CT 06351	860-376-2604	griswoldseniors @yahoo.com
Madison	Madison Town Senior Center	29 Bradley Road Madison, CT 06443	(203) 245-5627	
Meriden	Connecticut Baptist Homes	292 Thorpe Avenue, Suite 1 Meriden, CT 06450	(203) 237-1206	
Milford	Carriage Green at Milford	77 Plains Road Milford, CT 06461	(203) 433-2598	
Milford	Milford Hospital	2047 Bridgeport Avenue Milford, CT 06460		
Mount Vernon	Grace Baptist Church	52 S 6th Ave Mount Vernon, NY 10550	Phone: (800) 272-3900	
Nanuet	Meals on Wheels Caregiver Support Group Nanuet	121 West Nyack Rd. Nanuet, NY 10954	Phone: 1-800-272-3900	
New Canaan	Waveny Care Center	3 Farm Rd. New Canaan, CT 06840	Contact: Kate Bacon Phone: 203-594-5470 Email: kbacon@waveny.org	
New Haven	Yale University Yale Alzheimer's Disease Research Unit	1 Church Street, Suite 600 New Haven, CT 06510	(203) 764-8100	

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Caregiver Support Groups

New Haven	Mary Wade Home	118 Clinton Avenue New Haven, CT 06513	(203) 672-7838 or (203) 562-7222	
Newtown	Maplewood At Newtown	166 Mount Pleasant Rd Newtown, CT 06470	Contact: Maplewood Concierge Phone: 203-426-8118 Contact: Stephanie Cuzino Phone: 203-710-2275	
North Kingstown	St. Frances De Sales	381 School St. North Kingstown, RI 02852	(401) 421-0008	
North Kingstown	North Kingstown Public Library	100 Boone St North Kingstown, RI 02852	(401) 421-0008	young onset support group
Norwalk	Elderhouse	7 Lewis St Norwalk, Ct 06851	Contact: Sally Harding Phone: (203)-847-1998 Email: sally@elderhouse.org	
Orange	Maplewood At Orange	245 Indian River Road Orange, CT 06477	(203) 868-0075	
Purchase	Alzheimer's Association Purchase Office	2900 Westchester Ave Ste 306 Purchase, NY 10577	Contact: Kristen Bonistall (800) 272-3900 (845) 471-2655	
Ridgefield	First Congregational Church: Hauley Room	113 Main Street Ridgefield, CT 06877	Contact: Maria Victor Smith Phone: (203) 300-4801 Contact: Tina Mowska Phone: (203) 438-6240 Contact: Holly Batti Phone: (860) 918-4674	
Shelton	Gardener Heights	172 Rocky Rest Road Shelton, CT 06484	(203) 924-6253	2nd Wednesday, 7:00 pm
Shelton	Benchmark Senior Living at SPLIT ROCK	708A Bridgeport Avenue Shelton, CT 06484	(203) 693-9743	
Sleepy Hollow	Phelps Memorial Hospital Center	701 N Broadway	Contact: Ellen Woods Phone: (914) 366-3937	

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Caregiver Support Groups

		Sleepy Hollow, NY 10591	(800) 272-3900	
Stamford	Tully Health Center	32 Strawberry Hill Ct Stamford, CT. 06902	Contact: Angel Dazzo Phone: (203) 667-0034	
Stamford	Silver Source	2009 Summer St Stamford, CT 06905	Contact: Nicol Rupolo Phone: (203) 705-0220 nicol@comforcare.com Contact: Maria Scaros Phone: (203) 531-5500 mscaros@thegreensatgreenwich.com	
Stamford	The Residence at Summer Street	14 2nd St Stamford, CT 06905	Contact: Stacey Busher Phone: (203) 998-6132 sbusher@residencesummerstreet.com	
Stratford	Spring Village at Stratford	6911 Main Street Stratford, CT 06614	(203) 916-5124	
Southbury	Watermark at East Hill	611 E. Hill Rd. Southbury, CT 06488	(203) 262-6868	
Southport	Maplewood at Southport	917 Mill Hill Ter. Southport, CT 06890	(203) 246-0177	
Tuckahoe	The Fountains At Rivervue	1 Rivervue Pl. Tuckahoe, NY 10707	Phone: (800) 272-3900	
Tuckahoe	Emanuel A.M.E. Church	6 Van Duzen Pl Tuckahoe, NY 10707	Phone: (800) 272-3900	
Wallingford	Masonic Healthcare Center	22 Masonic Avenue Wallingford, CT 06492	(203) 679-5900	
Wallingford	Ashlar Village	74 Cheshire Road Wallingford, CT 06492	(203) 679-6907	
West Greenwich	West Greenwich Public Library Room	274 Victory Hwy West Greenwich, RI 02817		Call: 24/7 Helpline: (800) 272-3900 to register
Westport	Positive Directions	90 Post Rd. Westport, CT 06880	(203) 227-7644	
White Plains	Burke Rehabilitation Hospital, Rosedale	785 Mamaroneck Ave White Plains, NY 10605	(845) 471-2655 (800) 272-3900	

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Caregiver Support Groups

	Room (Early Stage Support)			
Woodbridge	Coachman Square at Woodbridge	21 Bradley Road Woodbridge, CT 06525	(203) 397-7544 x307	2nd Sunday, 12:00-1:00pm
Woodbridge	JCC of Greater New Haven	360 Amity Rd Woodbridge, CT 06525	(601)-467-7015	

Telephone			
Name	Address	Contact	Notes/Website
Telephone 1 Caregiver Support Group		Contact: Heather Louise Gray Phone: (800) 272-3900 Email: hgray1@alz.org	Open to Dementia Family Caregivers Across the Country
Young Caregiver Google Hangouts Meet Support Group	East Bay Office Northern California and Northern Nevada 2290 North First Street, Suite 101 San Jose, CA 95131	Contact: Vanessa Souza, MSW Phone: (408) 372-9976 Email: vsouza@alz.org East Bay Office Phone: (408) 372-9900 Fax: (408) 372-9899	Registration is Required
Virtual Younger Onset Caregiver Support Group 1	Massachusetts/New Hampshire 309 Waverley Rd Waltham, MA 02452	Contact: Kelly McCarthy Email: kmccarthyblue@gmail.com Phone: 774-400-5824 Massachusetts/New Hampshire Phone: (617) 868-6718 Fax: (617) 868-6720	
Adult Children FTD Caregiver Support	Northern California and Northern Nevada 2290 North First Street, Suite 101 San Jose, CA 95131	Email Jamie C Fong, MS, CGC to receive the necessary information to participate in the Support Group fong@memory.ucsf.edu	(Telephone/Webinar Group) The group is for Adult Children Caregivers of Individuals with Frontal

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Yale Connecticut Older Adult Collaboration for Health

Caregiver Support Groups

		Northern California and Northern Nevada Phone: (408) 372-9900 Fax: (408) 372-9899	Temporal Dementia (aka Pick's Disease). The Support Group is co-sponsored with UCSF.
Down Syndrome and Dementia Family Caregiver		Contact: Marianne Iversen to Register email: marianne@dsconnection.org Phone: (925) 362-8660, x103	(Telephone/Webinar Support Group)

Blood Draw Stations



Helpful Sites:

Blood Draw Stations at Yale New Haven Hospital:

<https://www.ynhhs.org/find-a-location.aspx?locs=4>

Lawrence & Memorial Labs

<https://www.lmhospital.org>

CT Blood Draw Stations

Town	Name	Address	Contact	Website/Notes
N/A	Home Blood Draws		Audrey Turner Outreach Manager To Schedule call (860)442-0711 ext. 3091 Lab Director Nicole Gomes (860) 271-4842	Courier Services or STAT pickup call (860) 444- 5101
Ansonia	Griffin Hospital Laboratory Blood Drawing Station	Griffin Hospital 22 Westfield Ave. Ansonia, CT. 06401	(203) 732-0133	
Branford	Yale New Haven Hospital Blood Draw	84 N. Main St. Branford, CT.06405	(203)315-2101	
Bridgeport	Bridgeport Hospital Blood Draw	Bridgeport Hospital 267 Grant St. Bridgeport, CT. 06610	(203) 384-3386	
Bristol	Bristol Internal Medicine& Geriatrics	621 Terryville Ave. PO Box 570 Bristol, CT. 06010	(860) 583-0053	
Bristol	The Family Medical Group	25 Collins Road Bristol, CT 06010	(860) 589-8882	
Brookfield	Western Connecticut Health Network Greenknoll Professional Center	60 Old New Milford Rd. # 1C Brookfield, CT. 06804	(203)775-6365	
Clinton	Clinton Draw Station	252 East Main Street	(860) 664-9112	

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Blood Draw Stations

		Clinton, CT. 06413		
Coventry	ECHN Diagnostics	Coventry Meadowbrook Plaza 1707 Boston Turnpike Coventry, CT.06238	(860) 742-6792	
Danbury	Danbury Hospital Lab Facilities	79 Sand Pit Rd. Danbury, CT. 06810	(203)749-5740	
Darien	Greenwich Hospital Blood Draw Station	106 Noroton Ave, Darien, CT 06820	(203) 656-1529	
East Haven	Temple Radiology	556 Main St. East Haven, CT 06512	(203)688-4444	
East Lyme	Flanders Health Center	339 Flanders Road East Lyme, CT 06333	(860)-739-6437	
Ellington	ECHN Medical Group	175 West Road Suite 200 Ellington, CT 06029	(860)375-9138	
Fairfield	Yale New Haven Health Fairfield Urgent Care Center	309 Stillson Road Floor 1 Fairfield, CT. 06825	(203)-331-1924	
Glastonbury	ECHN Glastonbury Wellness Center	622 Hebron Ave. Suite 201 Glastonbury, CT.06033	(860)652-3182	Glastonbury
Greenwich	LabCorp	12 Deerfield Dr. Greenwich, CT. 06831	(203) 661-1585	
Groton	Pequot Health Center	52 Hazelnut Hill Road, Groton, CT 06340	(860)-446-8265	
Guilford	Yale New Haven Shoreline Medical Center	111 Goose Lane Guilford, CT. 06437	(203)-453-7160	
Hamden	YNHH Blood Drawing Station	2560 Dixwell Ave Hamden, 06514	(203) 230-3300	
Manchester	ECHN Diagnostics – East Point	360 Tolland Turnpike Suite 1F Manchester, CT. 06040	(860) 646-2177	
Manchester	ECHN Medical Group	130 Hartford Road Manchester, CT. 0640	(860) 647-2912	

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Blood Draw Stations

Manchester	Manchester Memorial Hospital	71 Haynes Street Manchester, CT. 06040	(860)646-1222	
Milford	Bridgeport Hospital Draw Station	40 Commerce Park Milford, CT. 06460	(203) 301-9057	
New Haven	Yale New Haven Hospital	150 Sargent Drive New Haven, CT. 06511	(203) 688-1009	
New Haven	Yale New Haven Hospital	40 Temple Street, Ground floor New Haven, CT 06504	(203) 688-3183	
New Haven	Yale New Haven Hospital	1475 Whalley Ave. Westville New Haven, CT. 06515	(203) 389-7213	
New Haven	Yale Physicians Building	800 Howard Ave. New Haven, CT. 06519	(203) 688-5006	
New Haven	Outpatient Diagnostic Testing Center	330 Orchard St. New Haven, CT. 06511	(203) 680-2737	
New Haven	Outpatient Diagnostic Testing Center	1450 Chapel St. New Haven, CT 06515	(203) 867-5680	
New London	Lawrence+Memorial Hospital	365 Montauk Ave. New London, CT. 06320	(860)-444-5101	
New London	Multispecialty Center	194 Howard Street New London, CT. 06320	(860)-271-4688	
New London	Quest Diagnostics New London	721 Bank St. New London, CT. 06320	(860) 772-0751	
New Milford	Quest Diagnostics New Milford New Milford Medical Group	11 Old Park Ln Road New Milford, CT. 06776	(860) 717-3550	
New Milford	Quest Diagnostics New Milford	146 Danbury Rd. Ste. F, New Milford, CT. 06776	(860) 354-1979	

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Yale Connecticut Older Adult Collaboration for Health

Blood Draw Stations

North Haven	North Haven Crossroads	2 Devine Street North Haven, CT 06473	(203)747-7300	
North Haven	North Haven Medical Center	6 Devine Street North Haven, CT 06473	(203) 287-6123	
Norwalk	Greenwich Hospital Blood Draw Station	40 Cross Street #350 Norwalk, CT. 06851	(203) 286-7024	
Norwalk	Pediatric Specialty Center	747 Belden Ave. Norwalk, CT. 06850	(203)750-1999	
Norwich	Quest Diagnostics Norwich New London	118 New London Turnpike Floor 1 Norwich, CT. 06360	(860) 934-0932	
Norwich	Norwich Medical Laboratory Backus Hospital Patient Care Center	Backus Great Plains Plaza 111 Salem Turnpike, Norwich, CT. 06360	(860) 425-8720	
Old Saybrook	Old Saybrook Medical Center	633 Middlesex Turnpike Old Saybrook, CT. 06475	(860)388-8311	
Orange	Yale New Haven Hospital	266 Boston Post Rd Orange, CT. 06477	(203) 799-0862	
Ridgefield	Danbury Hospital Lab Facilities PhysicianOne Urgent Care -Yale New Haven Health	10 south St. Ridgefield, CT. 06877	(203) 431-3778	
Rye Brook	Rye Brook Blood Draw	90 South Ridge Street Rye Brook, NY 10573	(914)937-4029	
Shelton	Huntington Walk-In Medical Center Blood Draw Station	887 Bridgeport Ave Shelton, CT. 06484	(203) 225-6020	
Southbury	Laboratory Blood Draw Stations	Union Square 385 Main St. Southbury, CT.	(203) 267-5611	
Southbury	Waterbury Hospital Blood Draw	690 Main St. Southbury, CT. 06488	(203) 267-7522	

Blood Draw Stations

Southbury	Griffin Faculty Physicians Blood Draw Service	30 Quaker Farms Rd., Southbury, CT. 06488	(855) 636-2922	
South Windsor	ECHN Diagnostics Blood Draw Center	25 Oakland Road Suite 2 South Windsor, CT. 06074	(860)647-4706	
South Windsor	ECHN Diagnostics- Evergreen Walk	2400 Tamarack Ave. Suite 103 South Windsor, CT 06074	(860) 533-4693	
Stamford	Long Ridge Medical Center	260 Long Ridge Road Stamford, CT 06902	(475) 240-5762	
Thomaston	Waterbury Hospital Blood Draw	205 Main S. Main St. Thomaston, CT. 06787	(860) 283-4348	
Tolland	ECHN Medical Group Diagnostics	6 Fieldstone Commons Suite C Tolland, CT. 06084	(860)896-4872	
Torrington	Charlotte Hungerford Outpatient	540 Litchfield St. Torrington, CT 06790	(860) 496-6350	
Trumbull	Yale New Haven Health Park Avenue Medical Center	5520 Park Ave Trumbull, CT 06611	(203) 373-0133	
Trumbull	Trumbull Center for Geriatrics	112 Quarry Road Suite 150 Trumbull, CT 06611	(203) 384-3388	
Vernon	ECHN Diagnostics Blood Draw Center	428 Hartford Turnpike Suite 210 Vernon, CT 06066	(860) 533-4606	
Vernon	Rockville General Hospital	31 Union Street Vernon, CT. 06066	(860)872-0501	
Wallingford	Yale New Haven Health Wallingford	665 N. Colony Rd. Wallingford, CT 06492	(203) 265-5409	
Watertown	Waterbury Hospital Blood Draw	777 Echo Lake Rd. Watertown, CT 06795	(860) 945-6880	
Westerly	Westerly Blood Draw	45 Wells Street Westerly, RI 02891	(401) 596-9601	

Food Resources

Food, Nutrition, and Meal resources for older adults:

Meals on Wheels:

MOM's MEALS – National

www.momsmeals.com/

1-877-508-6667

1-844-280-2133

Home delivered meals ready to heat. Proper ongoing nutrition needed to remain in the home. A national food delivery system working with 500 health plans, managed care organizations, governments and agencies to provide access to meals covered under Medicare and Medicaid and self-pay. Long term care, chronic care, post-discharge care options.

Food Pantries:

Counties:

Fairfield County

Hartford County

Litchfield County

Middlesex and New Haven County

New London County

Tolland and Windham County

Nutrition/Community Food Resources:

The **Elderly Nutrition Program** serves nutritionally balanced congregate meals to individuals 60 years of age and older and an accompanying spouse of a participant regardless of age. These meals are also available to people with disabilities living in housing facilities that are congregate meal sites. Congregate meal sites are also known as **Senior Community Cafes**. Congregate meals are served once a day for five or more days per week at approximately 200 meal sites in Connecticut. These meal sites are located in senior centers, elderly housing facilities, schools, churches and other community settings. Some agencies also deliver meals to homebound or isolated older adults.

The Elderly Nutrition Program is supported by the Nutrition Program for the Elderly which is administered by the U.S. Department of Health and Human Service's Administration on Aging, and receives commodity foods and financial support from the U.S. Department of Agriculture's Food and Nutrition. The Elderly Nutrition Program is also supported by state and local funding and client contributions. <https://portal.ct.gov/AgingandDisability/Content-Pages/Programs/Elderly-Nutrition-Program>

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

Meals on Wheels				
Town/Region	Name	Address	Contact	Website/Notes
New London County, Windham County	Meals on Wheels – Thames Valley Bozrah Thames Valley Council for Community Action- Senior Nutrition	81 Stockhouse Rd. Bozrah, CT 06334	860-885-2745	Service Areas: New London County, Windham County Languages Offered: Arrangements will be made for other language needs. www.tvcca.org
Central Naugatuck Valley, Litchfield Hills & Greater Meriden (Waterbury area, Beacon falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Thomaston, Waterbury, Watertown, Wolcott, Woodbury, Danbury area, Bethel, Bridgewater, Brookfield, Danbury, New Fairfield, New Milford, Newtown, Redding, Ridgefield, Sherman)	Meals On Wheels/Animeals New Opportunities – Senior Nutrition Services	232 North Elm St. Waterbury, CT 06702	Administration -800-455-3677 Meals-On Wheels- 203-756-5261 Elderly Nutrition Program – 203-757-7738 Congregate Meals- 203-757-7738	Animeals will deliver pet meals for companion dogs and cats daily upon request at no extra charge. Ages 60+ Homebound www.newoppinc.org
Barkhamsted, Canaan, Colebrook, Cornwall, Goshen, Harwinton, Kent, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Salisbury, Sharon, Torrington, Warren, Washington, Winchester	Litchfield Hills/Northwest Elderly Nutrition Program	88 East Albert St. 06790 Torrington, CT	800-434-4151 860-496-5900	www.torringtonct.org
Bristol, Burlington, Harwinton, Litchfield, Plainville, Southington, Thomaston, Torrington, Waterbury, Watertown, Marion, Milldale, Bantam, Plantsville, Northfield, Oakville, Pequabuck, Terryville.	Cook's Meals on Wheels - Cook Willow Health Center	81 Hillside Ave. Plymouth, CT 06782	860-283-8208	www.cookwillow.com
Shelton, Berlin, Bloomfield, East Hartford, Enfield, Farmington, Glastonbury, Hartford, Manchester, Marlborough, New Britain, Newington, Plainville, Rocky Hill,	CW Resources – Meals on Wheels	200 Myrtle St. New Britain, CT 06053	860-229-7700 ext. 298	Two meals day /weekends available Homebound, elderly, or recuperating from illness/ Languages:

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Food Resources

Simsbury, South Windsor, Southington, West Hartford, Wethersfield, Windsor, Windsor Locks, Plymouth, Thomaston, Cromwell, Durham, East Haddam, Haddam, Middlefield, Middletown, Portland, Ansonia, Branford, Derby, Hamden, Meriden, New Haven, North Haven, Orange, West Haven, Colchester, Groton, New London, Norwich, Salem, Seymour, Bristol, East Hampton, Kensington, Broad Brook, East Berlin, East Glastonbury, East Windsor Hill, Marion, Milldale, Plantsville, Poquonnock, South Glastonbury, Tariffville, Unionville, Weatogue, west Simsbury, Pequabuck, Terryville, Cobalt, Higganum, Middle Haddam, Moodus, Rockfall, Mystic, Niantic, Uncasville, West Mystic, Vernon Rockville, Willimantic, Vernon, Wallingford.				Polish, Russian, Spanish No Age Restriction www.cwresources.org
Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, Colchester, Coventry, Cromwell, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Manchester, Marlborough, Middletown, Newington, Plainville, Portland, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks.	October Kitchen, LLC – Manchester	309 Green Rd. Manchester, CT	860 533-0588	www.octoberkitchen.com Home delivered Meals to Greater Hartford & Central CT. regions
Amston, Hebron	Meals on Wheels – Town of Hebron Russell Mercier Senior Center	14 Stonecroft Drive Hebron, CT. 06248	860-228-1700	www.hebronct.com/senior.htm

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Food Resources

Ansonia, Derby, Oxford, Seymour, Shelton	Meals on Wheels Team, Inc.	30 Elizabeth St. Derby, CT. 06418	203-538-5886 ext. 4225	Languages offered: Spanish www.teaminc.org
Avon, Canton, East Granby, Farmington, Granby, Simsbury	Meals on Wheels McLean Agency	75 Great Pond Road Simsbury, CT. 06070	860-658-3980	Sliding fee www.mcleancare.org
Berlin, Bloomfield, Hartford, Manchester, New Britain, Newington, Unionville, West Hartford, Wethersfield, Windsor	Juniper Meals on Wheels Juniper Homecare/ Juniper Adult Day Elmwood	1086 New Britain Avenue West Hartford, CT 06110	860-640-0072	Languages Offered: Albanian, Bosnian, Polish, Russian www.juniperhomecare.com
Bethany, Orange, Woodbridge, Madison, Guilford, Milford, Branford, East Haven, North Haven, West Haven, North Branford, Hamden, New Haven, Northford	Caring Cuisine: Meal Program for People with AIDS AIDS Project New Haven	1302 Chapel St. New Haven, CT. 06511	203-624-0947	Clients are referred by health care providers. Daily meal delivery for homebound people with HIV/AIDS and members of their household. No Fee Languages Offered: Spanish www.apnh.org
Bethel, Brookfield, Danbury, New Fairfield, Newtown, Redding, Sherman, New Milford, Cheshire, Middlebury, Naugatuck, Oxford, Southbury, Waterbury, Wolcott, Botsford	Meals on Wheels CW Resources - Danbury Nutrition Program	15 Great Pasture Road Danbury, CT.	203-628-7540	Set fee www.cwresources.org
Bethany, Branford, East Haven, Hamden, Meriden, Milford, New Haven, North Haven, Orange, West Haven, Woodbridge, North Branford, Northford, Wallingford	Meals on Wheels/Family Fare Programs LifeBridge Community Services	Greater New Haven 317 East St. New Haven, CT 06511	203-752-9919	Adults 60+ and Homebound Fees vary www.lifbridgect.org
Botsford, Hawleyville, Redding Center, Redding Ridge, Sandy Hook,	Meals on Wheels – Danbury	54 Main St.	203-743-5418	Elderly Nutrition Program

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Food Resources

Gaylordsville, Bethel, Brookfield, Danbury, New Fairfield, Newtown, Redding, Ridgefield, Sherman, Bridgewater, New Milford	New Opportunities – Senior Nutrition Services	Danbury, CT. 06810		www.newoppinc.org
Botsford, Hawleyville, Sandy Hook, Newtown	Meals on Wheels of Newtown	PO Box 122 Newtown Ct. 06470	Marilyn alexander 203-426-6340 Janet Hovious 203-270-1960	
Branford, North Branford	Community Dining Room – Branford	30 Harrison Ave. Branford, CT. 06405	203-488-9750	Delivered to residents who have short term or permanent disability or are recuperating from a serious illness or surgical procedure and are unable to prepare their own meals. www.communitydiningroom.org
Bridgeport, Easton, Fairfield, Monroe, Trumbull, Milford, Southport, Stevenson	Meals on Wheels – Bridgeport Nutrition Program CW Resources	215 Warren ST. Bridgeport, CT. 06604	203-332-3264	www.cwresources.org
Bristol	City of Bristol – Senior Center Home Delivered Meals/Nutrition Program	240 Stafford Avenue Bristol, CT. 06010	860-582-5928	Serving Bristol www.bristolct.gov
Broad Brook, East Windsor	Meals on Wheels – East Windsor Grab & Go	125 Main St. Broad Brook, CT 06016	860-292-8279	Town of East Windsor – Senior Center www.eastwindsor-ct.gov/
Chester, Deep River, Essex, Killingworth, Old Saybrook, Westbrook, Clinton, Lyme	Home Delivered Meals – Old Saybrook Estuary Council of Seniors	220 Main St. Old Saybrook, CT.	860-388-1611	www.ecsenior.org

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Food Resources

Cos Cob, Old Greenwich, Riverside, Greenwich	Meals on Wheels of Greenwich	89 Maple Ave, Greenwich, CT.06803	203-869-1312	www.mealsonwheelsofgreenwich.org
Farmington, Unionville	Services for the Elderly of Farmington Meals on Wheels	321 New Britain Ave. Unionville, CT 06085	860-673-1441	www.farmingtonseniors.org
Greens Farms, Westport	Home Delivered Meals – Westport Town of Westport- Center for Senior Activities	21 Imperial Avenue, Westport, CT. 06880	203-341-5097	Languages Offered: German, French, Spanish www.westportct.gov
Georgetown, Weston	Home Delivered Meals – Weston	24 School Rd. Weston, CT. 06883	203-222-2663	Town of Weston Social Services www.westonct.gov
Guilford	Meals on Wheels – Guilford Interfaith Volunteers	310 State St. Unit 200 Guilford. CT. 06437	203-453-8359	www.givect.org
Milford	Meals on Wheels – city of Milford Senior Center	9 Jepson Drive, Milford, CT. 06460	203-877-531	www.milfordctseniorcenter.com Languages Offered: Italian
Newington	Home Delivered Meals Town of Newington- Senior and Disabled Center	120 Cedar Street Newington, CT. 06111	860-665-8778	www.newingtonct.gov/
New Canaan	Meals on Wheels of New Canaan	3 Farm Road New Canaan, CT. 06840	203-594-5318	www.mowofnc.org
Norwalk	Meals on Wheels – Norwalk Norwalk Senior Center	11 Allen Road Norwalk, CT. 06851	203-847-3115	www.norwalkseniorcenter.org

Food Resources

Plymouth, Terryville	Plymouth Community Food Pantry	20 Dewey Ave. Terryville, CT. 06786	860-584-1750	Meals delivered monthly to older adults 60+ residents of Gosinski Park, Eli Terry and Quail Hollow senior housing complexes. Also homebound Plymouth, Terryville residents 60+ or disabled. www.plymouthfoodpantry.org
Ridgefield	Meals on Wheels of Ridgefield	25 Gilbert St. Ridgefield, CT. 06877	203-438-8788	www.mealsonwheelsofridgefield.org
Somersville, Somers	Meals on Wheels – Town of Somers Senior Center	19 Battle St. Somers, CT. 06071	860-763-4379	www.somersct.gov/
Southington	Homebound Program/Senior Meals Bread for Life Soup Kitchen	31 Vermont Ave. Southington, CT. 06489	860-276-8389	www.southingtonbreadforlife.org Resident of Southington or Older Adult in Senior Housing & Marion Milldale, Plantsville,
West Suffield, Suffield	Meals on Wheels – Suffield Suffield Community Aid	450 South St. Suffield, CT. 06078	860-668-1986	www.suffieldea.org
Wilton	Meals on Wheels of Wilton	439 Danbury Rd. Wilton, CT. 06	203-762-0566	
Woodbury	Town of Woodbury – Social Services Home Delivered Meals & Community Café	265 Main St. South Woodbury, CT	203-263-4117	www.woodburyct.org

Food Resources

Food Pantries				
Town	Name	Address	Contact	Website/Notes
Ansonia	No Vet Left Behind Ansonia, CT - Food Assistance	47 Bridge Street Ansonia, CT 06401	203-732-7800	
Ansonia	Salvation Army - Greater Valley Corps Community Center - Ansonia, CT - Food Assistance	26 Lester Street Ansonia, CT 06401	203-736-0707	
Bantam	Town of Litchfield – Food Pantry Social Services	80 Doyle Rd Bantam, CT	860-567-7564	
Bethlehem	Bethlehem Food Bank & Comfort Closet	21 Main Street South Bethlehem 06751	(860) 631-3169	
Bethel	Bethel Community Food Pantry	141 Greenwood Ave Bethel, CT.	203-947-1754	
Bethel	Brotherhood in action of Bethel	PO Box 582 Bethel, CT.	203-733-7463	
Bethel	Town of Bethel – Food Pantry Social Services	One School St. Bethel, CT.	203-794-8537	
Bloomfield	Hope Seventh Day Adventist Church Food Pantry	1052 Blue Hills Ave. Bloomfield, CT.	860-243-5208	
Bloomfield	Mobile Foodshare Sites	450 Woodland Ave. Bloomfield, CT.	860-286-9999	
Branford, CT	Community Dining Room Inc Branford- Food Assistance	30 Harrison Ave. Branford, CT 06405	(203) 488-9750	http://communitydiningroom.org/
Branford, CT	Town of Branford - Counseling Center - Branford, CT - Food Assistance	342 Harbor Street Branford, CT 06405	203-488-5404	
Bridgeport	Bethel Memorial Deliverance Church Food Pantry - Food Assistance	1242 State Street Bridgeport, CT 06605	203-332-7214	
Bridgeport	Bridgeport Rescue Mission - Food Assistance	1088 Fairfield Avenue Bridgeport, CT 06601	203-333-4087	
Bridgeport	Bridgeport Tabernacle - Food Assistance	717 Clinton Avenue Bridgeport, CT 06604	203-522-8582	

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

Bridgeport	Calvary Saint George's Food Pantry And Soup Kitchen - Food Assistance	755 Clinton Avenue Bridgeport, CT 06604	203-333-5116 ext. 15	
Bridgeport	Catholic Charities Of Fairfield County Inc - Food Assistance	238 Jewett Ave Bridgeport, CT 06606	(203)372-4301	
Bridgeport	Cesar Batalla Family Resource Center - Food Assistance	606 Howard Avenue Bridgeport, CT 06605	203-579-8526	
Bridgeport	Christian Revival Church Food Pantry - Bridgeport, CT - Food Assistance	441 Bishop Avenue Bridgeport, CT 06610	203-367-4998	
Bridgeport	Daughters of Charity of The Most Precious Blood Rescue Mission- Food Assistance	1490 North Avenue Bridgeport, CT 06604	203-334-7000	
Bridgeport	Faith Gospel Assembly Church Breakfast Program Food Assistance	407 Lafayette Street Bridgeport, CT 06604	203-384-0007	
Bridgeport	Feed the People Food Pantry Food Assistance	301 Bostwick Avenue Bridgeport, CT 06605	203 260-3953	
Bridgeport	Iglesia Pentecostal El Olivar Food Pantry - Food Assistance	1241 Barnum Avenue Bridgeport, CT 06610	203-913-1417	
Bridgeport	King's Pantry - Eisenhower Senior Center Food Assistance	263 Golden Hill Street Bridgeport, CT 06604	203-576-0522	
Bridgeport	Park City Initiative- Food Assistance	4 Worth Street Bridgeport, CT 06607	203-873-0260	
Bridgeport	Proyecto Amistad Cristiana Church of God Food Pantry – Food Assistance	140 Hurd Avenue Bridgeport, CT 06604	203-334-9311	
Bridgeport	Roosevelt School Family Resource Center- Food Assistance	680 Park Avenue Bridgeport, CT 06604	203-330-8181	
Bridgeport	Saint Ambrose Church Food Pantry Food Assistance	1596 Boston Avenue Bridgeport, CT 06610	203-333-1336	
Bridgeport	Saint John's Episcopal Church - Bridgeport Family Center - Food Assistance	768 Fairfield Avenue Bridgeport, CT 06605	203-335-2999	

Food Resources

Bridgeport	Salvation Army - Corps Community Center - Food Assistance	30 Elm Street Bridgeport, CT 06604	203-334-0995	
Bridgeport	Setting Captives Free Food Pantry Ministries - - Food Assistance	126 Washington Avenue Bridgeport, CT 06605	203-660-8143	
Bridgeport	Summerfield United Methodist Church - Light on The Hill Food - Food Assistance	110 Clermont Avenue Bridgeport, CT 06610	203-367-8783	
Bridgeport	Thomas Merton Center- Food Assistance	43 Madison Avenue Bridgeport, CT 06604	203-367-9036	
Bristol	Grace Baptist Church – Food Pantry	736 King Street Bristol, CT	860-582-3840	
Bristol	Meals for Neighbors- Food Pantry	27 Judd St. Bristol, CT	860-589-7744	
Bristol	Salvation Army Bristol Corps Community Center	19 Stearns St. Bristol, CT	860-583-4651	
Bristol	The Blessed Pantry	739 Terryville Ave.	860-585-9742	
Brookfield	Town of Brookfield – Food Pantry Social Services	100 Pocono Rd. Brookfield, CT.	203- 775-7312	
Cheshire	Cheshire Community Food Pantry	175 Sandbank Road Cheshire 06410	(203) 699-9226	
Coventry	Coventry Food Bank	1712 Main Street Coventry CT.	860-742-5324	
Danbury	ARC Food Pantry- Comida Program	24 Delay St. Danbury, CT.	203-792-9450	
Danbury	Community Action Agency of Western CT. (CAAWC) Food Pantry	66 North St. Danbury, CT.	203-744-4700	
Danbury	Daily Bread Food Pantry	25 West St. Danbury, CT.	203-748-3561	
Danbury	Hillside Food Outreach – Food Pantry	39 Old Ridgebury Rd. Suite 16 Danbury, CT.	203-702-4881	
Danbury	Jericho Partnership Food Pantry	13 Rose St. Danbury, CT.	203-794-2433	
Danbury	Jericho Partnership Food Pantry	22 Maple Ave Danbury, CT.	203-794-7950	

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

Danbury	New Hope Baptist Church Mobile Food Pantry	10 Doctor Aaron B. Samuels Blvd. Danbury, CT.	203-748-5461	
Danbury	Salvation Army – Danbury Corps Community Center – Food Pantry	15 Foster St. Danbury, CT.	203-792-7505	
Danbury	The Living Pantry Interfaith AIDS Ministry of Greater Danbury	54 Main St. Danbury, CT.	203-748-4077	
Danielson	Access Community Action Agency – Danielson Food Pantry	231-Broad St. Danielson, CT.	860-412-1600	
Darien	Darien Food Pantry Person to Person	1864 Post Rd.	203-655-0048	
East Hartford	East Hartford Combined Churches Emergency Food Bank	740 Main Street East Hartford, CT	860-291-7226	
Fairfield	Operation Hope- Food Pantry	636 Old Post Rd. Fairfield, CT.	203-292-5588 Ext. 204	
Granby	Hope 4 Life Food Pantry	23 Griffin Rd. Granby, CT	860-653-3308	
Greenwich	Neighbor to Neighbor	248 East Putnam Ave. Greenwich, CT.	203-622-9208	
Hamden	God's Miracle Unlimited Outreach Ministry - Hamden, CT - Food Assistance	1441 Dixwell Avenue Hamden, CT 06514	203-230-211	
Hamden	Love Center Deliverance Ministry Food Pantry - Hamden, CT – Food Assistance	19 George Street Hamden, CT 06514	203-772-4314	
Hamden	Ministry of Helps Foundation - Hamden, CT - Food Assistance	308 Morse Street Hamden, CT 06517	203-785-8057	
Hamden	Saint Ann Soup Kitchen And Food Pantry - Saint Ann's Church - Hamden, CT - Food Assistance	930 Dixwell Avenue Hamden, CT 06514	203-562-5700	
Hamden	Town of Hamden - Community Services - Keefe	11 Pine Street	203-562-5129	

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

	Community Center - Hamden, CT - Food Assistance	Hamden, CT 06514		
Hartford	Cathedral of St. Joseph Food Pantry	140 Farmington Ave. Hartford, CT	860- 249-8431	
Hartford	Coronavirus- COVID 9 – Basic Needs	410 Capital Ave. Hartford, CT		https://uwc.211ct.org/covid19resources/
Hartford	Emanuel Lutheran Church Emergency Food Pantry	311 Capital Ave Hartford, CT	860-525-0894	
Hartford	Farmers to Families Food Box Program	450 Columbus Blvd. Suite 701 Hartford, CT	860-713-2503	
Hartford	Saint Justin/Saint Michael Church Food Pantry	230 Blue Hills Ave. Hartford, CT	860-246-6897	
Manchester	Faith Baptist Church Food Pantry	52 Lake Street, Manchester, CT	860-502-8999	
Meriden	Iglesia Cristiana Palabra De Vida	82-C Camp Street Meriden 06450	(203) 519-4976	
Meriden	Meriden Salvation Army	23 Saint Casimir Drive Meriden 06450	(203) 235-6532	
Meriden	Meriden Soup Kitchen	460 Broad Street Meriden 06450	(860) 213-4514	
Meriden	New Life Church-The Grace Place	149 West Main St. Meriden 06450	(203) 238-9399	
Meriden	Operation Pantry	55 West Main Street, 3rd Floor, Meriden 06450	(203) 639-5060	
Middletown	Shiloh Baptist Church	346 Butternut Street Meriden 06450	860-346-8295	
Milford	Berean Assembly of God - Christian Center - Milford, CT - Food Assistance	989 New Haven Avenue Milford, CT 06460	203-874-1233	
Milford	City of Milford - Senior Center - Milford, CT - Food Assistance	9 Jepson Drive Milford, CT 06460	203-877-5131	
Milford	Storehouse Food Pantry At Cornerstone Christian Center - Milford, CT - Food Assistance	192 Meadow Street Milford, CT 06460	203-877-1218 ext. 13	

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Food Resources

Monroe	Salt & Light- Food Pantry	423 Main St. Monroe, CT.	203-268-9680	
Montville	Montville Union Baptist Church - Food Pantry	279 Route 163 (Oakdale Road), Montville, CT	860-848-3570	
Naugatuck	Ecumenical Food Bank	75 Spring Street Naugatuck 06770	(203) 723-1922	
New Britain	Right Now Ministries – Food Pantry	147 West Main St. New Britain, CT	860-505-0580	
New Canaan	Town of New Canaan Food Pantry, Human Services Dept.	77A Main St. New Canaan, CT.	203-594-3076	
New Fairfield	Town of New Fairfield – Food Programs Social Services	4 Brush Hill Rd. New Fairfield, CT.	203-312-5669	
New Haven	Believe In Me Empowerment Corporation - Food Assistance	423 Dixwell Avenue New Haven, CT 06511	203-772-2771	
New Haven	Bethel Ame Church Food Pantry - New Haven	255 Goffe Street New Haven, CT 06511	203-865-0514	
New Haven	Beulah Heights Social Integration Program - New Haven, CT - Food Assistance	782 Orchard Street New Haven, CT 06511	475-238-8270	www.bhsip.org
New Haven	Cades Christian Church Soup Kitchen/ Pantry - New Haven, CT - Food Assistance	104 Fairmont Avenue New Haven, CT 06513	203-785-8091	
New Haven	Catholic Charities - Archdiocese of Hartford - Food Assistance	90 Grand Avenue New Haven, CT 06513	203-777-6771	
New Haven	Christ Church Episcopal	84 Broadway New Haven, CT 06511	(203)624-8727	
New Haven	Christian Community Action - New Haven - - Food Assistance Contact information	168 Davenport Avenue New Haven, CT 06519	203-777-7848	
New Haven	Community Action Agency of New Haven - New Haven, CT - Food Assistance	781 Whalley Avenue New Haven, CT 06515	203-387-7700	

Food Resources

New Haven	Connecticut Food Bank, Inc.	PO Box 8686 New Haven, CT 06531	(203)469-5000	
New Haven	Downtown Evening Soup Kitchen	311 Temple Street New Haven, CT 06511	203-624-6426	
New Haven	Fish of Greater New Haven - St. Brendan's School - New Haven, CT - Food Assistance	342 Ellsworth Avenue New Haven, CT 06531	203-503-0106	
New Haven	Free Forever Prison Ministry - New Haven, CT - Food Assistance	149 Rosette Street New Haven, CT 06519	203-435-1864	
New Haven	Glorified Deliverance Church Food Pantry - New Haven, CT - Food Assistance	604 Dixwell Avenue New Haven, CT 06511	203-624-4175	
New Haven	Hill Development Corporation - Church St South Food Pantry	34-C Cinque Green South, New Haven, CT 06519	203-562-0299	
New Haven	Immanuel Baptist Church - Feed My Sheep Ministry - New Haven, C	1324 Chapel Street New Haven, CT 06511	203-777-8744	
New Haven	Integrated Refugee And Immigrant Service - New Haven, CT - Food Assistance	235 Nicoll Street 2nd Floor New Haven, CT 06511	203-562-2095	
New Haven	Jewish Family Service of New Haven	1402 Whalley Avenue New Haven, CT 06515	203-397-0796	
New Haven	Macedonia Church of God In Christ Food Pantry And Soup Kitchen - New Haven, CT - Food Assistance	151 Newhall Street New Haven, CT 06511	203-776-4501	
New Haven	Mount Hope Temple Food Pantry - New Haven, CT - Food Assistance	565 Dixwell Avenue	203-785-0656	
New Haven	New Flame Restoration Church Food Pantry - New Haven, CT - Food Assistance	1375 State Street New Haven, CT 06511	203-865-8095	

Food Resources

New Haven	New Haven Church of Christ Food Pantry - New Haven, CT - Food Assistance	16 Gem Street New Haven, CT 06510	203-777-2992	
New Haven	Newhallville Academy - New Haven, CT	495 Elm Street New Haven, CT 06511	203-606-1905	
New Haven	Saint Andrew's Episcopal Church Food Pantry - New Haven, CT - Food Assistance	266 Shelton Avenue New Haven, CT 06511	203-562-1080	
New Haven	Saint Matthew's Church Food Pantry - New Haven, CT - Food Assistance	400 Dixwell Avenue New Haven, CT 06511	203-777-0472	
New Haven	Saint Paul's And Saint James' Episcopal Church	57 Olive Street New Haven, CT 06511	203-562-2143	
New Haven	Salvation Army - New Haven Corps Community Center	450 George Street New Haven, CT 06511	203-624-9891	
New Haven	Salvation Deliverance Church Food Pantry - New Haven, CT - Food Assistance	127 Thompson Street New Haven, CT 06511	203-843-7887	
New Haven	Second Star of Jacob Church Food Pantry - New Haven, CT - Food Assistance	201 Chapel Street New Haven, CT 06513	203-776-9603	
New Haven	St Thomas More Soup Kitchen Fund Inc - New Haven	12 Trumbull St Rear Annex, New Haven, CT 06511		
New Haven	Varick A.M.E. Zion Church Food Pantry and Soup Kitchen	242 Dixwell Avenue New Haven, CT 06511	203-624-6245	
New London	Catholic Charities – Diocese of Norwich - Food Pantry	28 Huntington St New London, CT	203-443-5328	
New London	City of New London – Senior Center - Food Pantry	120 Broad St. New London, CT	860-447-5232	(residents 60+)
New London	Essentials of Life Program (ELP)	154 Broad St New London, CT	860-447-0884	
New London	New London Area Food Pantry	106 Truman St. New London, CT	860-443-6680	

Food Resources

New London	Salvation Army- New London Corps Community Center – Food Pantry	11 Governor Winthrop Blvd., New London, CT	860-443-6409	
New London	The Lord's Pantry	76 Federal St. New London, CT	860-443-4989	
New London	United Way Gemma Moran Food Bank Free Food Distribution Events	374 Broad St New London, CT	860-444-8050	
New Milford	New Milford United Methodist Church Our Daily Bread Food Pantry	68 Danbury Rd. New Milford, CT	860-354-4596	
Newington	Pet Food Pantry Fox Memorial Clinic Connecticut Humane Society	701B Russell Rd. Newington, CT.	800-452-0114	
Newington	Town of Newington – Food Pantry Human Services	131 Cedar St. Newington, CT.	860-665-8590	
Newtown	Faith Food Pantry	46 Churchill Rd Newtown, CT.	203-837-0816	
Newtown	Town of Newtown – Food Pantry	3 Main St. Newtown, CT.	203-270-4330	
North Branford	North Branford Community Food Bank - North Branford Congregational Food Assistance	1680 Foxon Road North Branford, CT 06471	203-488-4575	
North Haven	North Haven Food Pantry - North Haven Congregational Church - North Haven, CT - Food Assistance	28 Church Street North Haven, CT 06473	203-239-5691	
North Haven	Town of North Haven - Community Services & Recreation - Food Assistance	5 Linsley Street North Haven, CT 06473	203-239-5321 ext. 78	
Northford	North Branford Community Food Bank - Aces Magnet School - Northford, CT - Food Assistance	26 Old Post Road Northford, CT 06472	203-488-4575	

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

Norwalk	Mid-Fairfield AIDS Project Food Pantry for People Living with HIV/AIDS	618 West Avenue, 2 nd . Fl. Norwalk, CT.	203-855-9535	
Norwalk	New Life Church Food Pantry	146 Main St. Norwalk, CT.	203-286-9820	
Norwalk	Open Doors Food Pantry	4 Merritt St. Norwalk, CT.	203-866-1057	
Norwalk	Person to Person Norwalk	76 South Main St. Norwalk, CT.	203-939-1650	
Norwalk	Saint Philip Church Food Pantry	One Father Conlon Pl. Norwalk, CT.	203-847-4549	
Norwalk	Saint Vincent DePaul Society Food Pantry	203 East Ave. Norwalk, CT.	203-866-1644	(rear of church)
Norwalk	Salvation Army- Norwalk Corps	14 Byington Place Norwalk, CT.	203-939-1650	
Norwich	Feed the Sheep – Food Pantry	134 Boswell Ave. Norwich, CT	860-574-0682	
Norwich	Rosalyn Allen Food Pantry at	UCFS Healthcare 47 Town St., Norwich, CT	860-822-4146	
Orange	Town of Orange - Community Services - Orange, CT - Food Assistance	525 Orange Center Road, Orange, CT 06477	203-891-4786	
Pawcatuck	Pawcatuck Neighborhood Center (PNC) - Food Pantry	27 Chase St. Pawcatuck CT.	860-599-3285	
Pine Meadow	Hands of Grace Food Pantry	8 Wicket St. Pine Meadow, CT.	860-738-0299	New Hartford area
Plainville	God's Grocery Store- Food Pantry Plainville Seventh Day Adventist Church Regional Community Services & Food Distribution Center	97 Broad St Plainville, CT 06062	860-747-5967	http://www.plainvillect.org
Putnam	Daily Bread Food Pantry Interfaith Human Services of Putnam	51-53 Grove St. Putnam, CT	860-928-0169	
Redding	Town of Redding – Food Pantry Social Services	37 Lonetown Rd. Redding, CT.	203-938-3580	

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Food Resources

Ridgefield	Town of Ridgefield – Food Pantry Social Services	400 Main St. Ridgefield, CT	203-431-2777	https://www.ridgefieldct.org/social-services/pages/food-pantry
Seymour	Seymour / Oxford Food Bank	20 Pine Street Seymour, CT 06483	(203) 888-7826	
Seymour	Trinity Episcopal Church - Food Assistance	91 Church Street Seymour, CT 06483	203-888-7826	
Shelton	Area Congregations Together Shelton, CT - Food Assistance	15 Christine Drive Shelton, CT 06484	203-494-5589	
Shelton	Area Congregations Together Shelton, CT - Food Assistance	30 Todd Road Shelton, CT 06484	203-225-0453 ext. 10	
Southbury	Southbury Food Bank	88 Main Street South Southbury 06488	(203) 721-0377	
Southington	Giving Back Food Pantry	1445 West St Southington, CT.	860-276-0400	
Stamford	Freedberg Family Kosher Food Pantry	196 Greyrock Place Stamford, CT.	203-921-4161 Ext. 128	
Stamford	Haitian American Catholic Center	93 Hope St. Stamford, CT.	203-406-0343	
Stamford	Marshall Commons Food Pantry	200 Ludlow St. Stamford, CT.	203-359-2215	
Stamford	Schilo Seventh Day Adventist Church Food Pantry	977 Hope St. Stamford, CT.	203-293-8256	
Stamford	Stamford Corps Community Center Food Pantry	198 Selleck St Stamford, CT	203-359-2320	
Stamford	StaRelief Pet Food Pantry & Pet Assistance	P.O. Box 3035 High Ridge Shopping Center Stamford, CT 06905	203-636-0971	http://www.stareli ef.org/
Stratford	First Baptist Church of Stratford Agape Food Pantry Stratford, CT - Food Assistance	40 Johnson Court Stratford, CT 06615	203-377-3954	

Food Resources

Stratford	Friendship Baptist Church Food Pantry - Stratford, CT - Food Assistance	235 Albert Avenue Stratford, CT 06614	203-375-9911	
Stratford	Saint James Roman Catholic Church Food Pantry - Stratford, CT - Food Assistance	2110 Main Street Stratford, CT 06615	203-375-5887	
Stratford	South End Community Center - Stratford- Food Assistance	19 Bates Street Stratford, CT 06615	203-377-0689	
Stratford	Sterling House Community Center - Stratford, CT - Food Assistance	2283 Main Street Stratford, CT 06615	203-378-2606 ext. 11	
Stratford	Stratford Baptist Church Food Pantry - Stratford, CT - Food Assistance	131 Huntington Road Stratford, CT 06614	203-375-7768	
Terryville	Plymouth Community Food Pantry	20 Dewey Avenue Terryville 06786	(860) 584-1750	
Torrington	Community Soup Kitchen	220 Prospect Street Torrington 06790	(860) 482-0130	
Torrington	FISH of Torrington	332-334 South Main Street Torrington 06790	(860) 482-3790	
Torrington	Torrington Salvation Army	234 Oak Ave. Torrington 06790	(860) 482-3569	
Trumbull	Social Services - Trumbull, CT - Food Assistance	23 Priscilla Place Trumbull, CT 06611	203-452-5198	
Vernon	Family Essentials Network, Inc - Food Pantry	428 Hartford Tpke. Suite 113, Vernon, CT	860-924-0796	
Waterbury	Bread of Life	1333 Thomaston Ave. Bay #5, Waterbury 06704	(203) 753-2023	
Waterbury	Church of God	122 East Farm Street Waterbury 06704	(203) 768-9968	
Waterbury	Community Tabernacle Outreach	12 Hewlett Street Waterbury 06710	(203) 756-5981	
Waterbury	Evangelical Christian Church	1325 Watertown Avenue, Waterbury 06708	(203) 756-1293	
Waterbury	Greater Waterbury Interfaith Ministries	770 East Main Street Waterbury 06702	(203) 756-2830	

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Food Resources

Waterbury	HOPE4Hunger	579 Wolcott Street Waterbury 06705	(203) 340-4673	
Waterbury	Shalom 7th Day Adventist	84 Crown Street Waterbury 06704	(475) 731-9152	
Waterbury	South Congregational Church	160 Piedmont St. Waterbury 06706	(203) 217-1343	
Waterbury	St. Vincent de Paul of Waterbury	327 Baldwin Street Waterbury 06710	(203) 757-0411	
Waterbury	The Bible Church	72 Dixon Street Waterbury 06704	(203) 755-0197	
Waterbury	Waterbury Baptist Ministries	222 West Main Street Waterbury 06702	(203) 754-5140	
Waterbury	Waterbury Salvation Army	74 Central Avenue Waterbury 06702	(203) 754-7056	
West Haven	City of Refuge Outreach and Training Ministry - American Le - West Haven, CT - Food Assistance	337 Main Street West Haven, CT 06516	203-507-9063	
West Haven	Faith Baptist Church Food Pantry - West Haven - West Haven, CT - Food Assistance	39 Emma Street West Haven, CT 06516	203-933-8363	
West Haven	Gateway Christian Fellowship Food Pantry - West Haven, CT - Food Assistance	129 Bull Hill Lane West Haven, CT 06516	203-934-0880	
West Haven	Saint Paul's Church Food Pantry - West Haven, CT - Food Assistance	41 Alling Street West Haven, CT 06516	203-933-1024	
West Haven	West Haven Emergency Assistance Taskforce - West Haven, CT - Food Assistance	674 Washington Avenue West Haven, CT 06516	203-931-9877	
Wethersfield	Town of Wethersfield – Food Pantry Social & Youth Services	505 Silas Deane Highway Wethersfield, CT.	860-721-2977	
Willimantic	Access Community Action Agency	1315 Main St. Suite 2 Willimantic, CT	860-450-7400	
Willimantic	Covenant Soup Kitchen	220 Valley St. Willimantic, CT	860-423-1643	

Food Resources

Windham	Catholic Charities Diocese of Norwich	88 Jackson Street Windham, CT	860-423-7065	
Windsor	Sanctuary of Faith & Glory Church Food Pantry	752 Bloomfield Ave. Windsor, CT.	860-683-4034	
Wilton	Wilton Food Pantry Town of Wilton Social Services	180 School St. Wilton, CT.	(203) 834-6238	https://www.wiltonct.org/food-pantry
Wolcott	Wolcott Food Pantry	358 Woodtick Road Wolcott 06716	(203) 704-7402	
Woodbridge	Town of Woodbridge - Human Services - Food Assistance	11 Meetinghouse Lane Woodbridge, CT 06525	203-389-3429	
Woodbury	Community Services Council of Woodbury	238 Main Street South Woodbury 06798	(203) 263-3869	

Nutrition/Community Food Resources

Town	Name	Address	Contact	Website/Notes
Ansonia	Joseph Doyle Senior Center City of Ansonia	153 Main St. Ansonia, CT. 06401 203-736-1051	203-736-1051	www.cityofansoniam.com/
Avon	Town of Avon-Senior Center	635 West Avon Rd. Avon, CT. 06001	860-675-4355	www.avonct.gov
Baltic	Town of Sprague-Senior Center Municipal Agent for the Elderly	One Main St. Baltic, CT. 06330	860-822-3000 ext. 203	www.ctsprague.org 50+ (Service Areas: Baltic, Hanover, Versailles, Sprague)
Barkhamsted	Town of Barkhamsted-Senior Center	109 West River Rd. Barkhamsted, CT. 06063	860-738-1264	barkhamsted.us (Lunch Tuesday- Breakfast Thursday)
Bloomfield	Town of Bloomfield-Senior Services	330 Park Ave. Bloomfield, CT. 06002	860-243-8361	www.bloomfieldct.org
Bozrah	Thames Valley Council for Community Action-Senior Nutrition –	81 Stockhouse Rd. Bozrah, CT. 06334	860-934-1002 860-889-1365 860-886-1720	www.tvcca.org

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Food Resources

	(Sites -New London, Windham, Tolland Counties)			
Bozrah	Town of Bozrah- Senior Center	59 Bozrah St. Bozrah, CT. 06334	860-886-0363 860-917-5672	www.townofbozrah.org
Branford	Town of Branford- Senior Center	46 Church St. Branford, CT. 06405	203-315-0685	www.branford-ct.gov/senior.htm
Bristol	City of Bristol- Senior Center	240 Stafford Ave. Bristol, CT. 06010	860-582-5928	www.bristolct.gov
Bridgeport	Black Rock Senior Center City of Bridgeport- Aging Dept.	2676 Fairfield Ave. Bridgeport, Ct. 06605	203-576-7258	www.bridgeportct.gov
Bridgeport	Dwight D. Eisenhower Senior Center City of Bridgeport- Aging Dept.	307 Golden Hill St. Bridgeport, CT. 06604	203-576-7993	www.bridgeportct.gov
Bridgeport	East Side Senior Center City of Bridgeport- Aging Dept.	1057 East Main St. Bridgeport, CT.	203-576-7212	www.bridgeportct.gov
Bridgeport	Northend Bethany Senior Center	20 Thorne St. Bridgeport, CT.	203-576-7730	www.bridgeportct.gov
Broad Brook	Town of East Windsor- Senior Center	125 Main St. Broad Brook, CT. 06016	860-292-8279	www.eastwindsor-ct.gov/
Brookfield	Town of Brookfield- Senior Center	100 Pocono Road Brookfield, CT. 06804	203-775-5237 203-775-5308	www.brookfieldct.gov
Canton	Town of Canton- Senior & Social Services	40 Dyer Ave. Canton, CT. 06019	860-693-5811 ext. 166	www.townofcantonct.org /
Cheshire	Town of Cheshire- Senior Center	240 Maple Ave. Cheshire, CT. 06410	203-272-0047	www.cheshirect.org
Colchester	Town of Colchester – Senior Center	95 Norwich Ave. Colchester, CT. 06415	860-537-3911	www.colchesterct.gov
Columbia	Town of Columbia- Beckish Senior Center 8	188 Route 66 Columbia, CT. 06237	860-228-0759	www.columbiact.org
Cromwell	Town of Cromwell- Senior Center	41 West St. Cromwell, CT.06416	860-632-3407	www.cromwellct.com
Danbury	Elmwood Hall Senior Center	10 Elmwood Place Danbury, CT 06810	203-797-4686	www.danburyseniors.org

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

	City of Danbury Dept. of Elderly Services (Breakfast/Lunch Mon-Fri.)			
Darien	Town of Darien-Senior Center	2 Renshaw Rd. Darien, CT. 06820	203-656-7490	www.darienct.gov
Derby	Senior Meals Choice Program Griffin Dining Center Team Inc. (Languages Offered: Spanish)	30 Elizabeth St. Derby, CT.	203-538-5886 ext. 4227	www.teaminc.org
East Hampton	Town of East Hampton-Senior Center	105 Main St. East Hampton, CT. 06424	860-267-7682	http://easthamptoct.gov/
East Hartford	Town of East Hartford-East Hartford Senior Center	70 Canterbury St. East Hartford, CT. 06118	860-569-5654	www.easthartfordct.gov
East Haven	Town of East Haven-Senior Center	91 Taylor Ave. East Haven, CT. 06512	203-468-3277	www.townofeasthavenct.org/
Enfield	Town of Enfield-Enfield Senior Center	299 Elm St. Enfield, CT. 06082	860-763-7428	www.enfield-ct.gov
Fairfield	Town of Fairfield-Bigelow Center for Senior Activities & Social Services	100 Mona Terrace Fairfield, CT. 06824	203-256-3166	www.fairfieldct.org 60+
Gales Ferry	Town of Ledyard-Senior Center	12 Van Tassel Drive Gales Ferry, CT. 06335	860-464-0478	www.ledyardct.org
Glastonbury	Town of Glastonbury-Senior Services	300 Welles St. Glastonbury, CT. 06033	860-652-7651 860-652-7638	www.glastonbury-ct.gov/
Granby	Town of Granby-Senior Center	15C North Granby Rd. Granby, CT. 06035	860-844-5350	www.granby-ct.gov
Greenwich	Greenwich Hospital-Weekend Lunch Bunch Yale New Haven Health	5 Perryridge Rd. Greenwich, CT. 06830	203-863-3690 800-657-8355	https://www.greenwichhospital.org/

Food Resources

Greenwich	Town of Greenwich-Senior Center	299 Greenwich Ave. Greenwich, CT. 06830	203-862-6700	www.greenwichct.org
Griswold	Town of Griswold-Senior Center	22 Soule St. Griswold, CT. 06351	860-376-7003 860-376-2604	www.griswold-ct.org
Groton	Town of Groton- Senior Center (Service Areas: Mystic, West Mystic, Groton)	102 Newtown Rd. Groton, CT. 06340	860-441-6785	www.grotonrec.com/seniorctr.asp
Guilford	Town of Guilford-Seniors Department	32 Church St. Guilford, CT. 06437	203-453-8086	www.ci.guilford.ct.us 60+ Guilford Residents
Haddam	Town of Haddam-Senior Center	923 Saybrook Rd. Haddam, CT. 06438	860-345-2480	www.haddam.org
Hamden	Miller Senior Center Town of Hamden	2901 Dixwell Ave. Hamden, CT. 06518	203-287-0057 Elderly Outreach Services # 203-287-2691	www.hamden.com
Hartford	City of Hartford	11 New Park Ave. Hartford, CT. 06106	860-232-7867	www.hartford.gov
Hartford	City of Hartford - Northend Senior Center Super Senior Center 55+	80 Coventry St. Hartford, CT. 06112	860-757-0800	www.hartford.gov
Hartford	Community Renewal Team-Congregate Meals Program	555 Windsor St. Hartford, CT. 06120	860-560-5828	www.crtct.org
Hartford	Housing Authority of the City of Hartford Smith Tower Residents	80 Charter Oak Ave. Hartford, CT. 06106	860-723-8482	www.hartfordhousing.org Languages Offered: Spanish 60+ & Spouses
Hartford	Institute for the Hispanic Family-Hispanic Senior Center Archdiocese of Hartford	45 Wadsworth St. Hartford, CT. 06106	860-527-1124	www.ccaoh.org/ Languages Offered: Spanish
Hartford	Ryan White Part A: Congregate Meals AIDS Connecticut-Connections Wellness Center	1229 Albany Ave. 3 rd . Floor Hartford, CT. 06112	Hartford, CT. 06112 Lunch Mon-Thurs.	Ryan White Part A: Congregate Meals AIDS Connecticut-Connections Wellness Center

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Food Resources

			860-247-2437 ext. 304 - Contact Abreka Hawkins	www.aids-ct.org (Lunch Mon-Thurs. People who are eligible for Ryan White services Languages Offered: Spanish)
Hartford	Southend Wellness Senior Center City of Hartford	830 Maple Ave. Hartford, CT. 06114	860-757-0840	www.hartford.gov
Harwinton	Town of Harwinton- Senior Center	209 Weingart Rd. Harwinton, CT. 06791	860-567-7437 860-689-1951	http://harwinton.us/
Hebron	Town of Hebron – Russell Mercier Senior Center	14 Stonecroft Dr. Hebron, CT. 06248	860-228-4213	www.hebronct.com/senior.htm (60+ Amston, Hebron)
Kent	Town of Kent – Park & Recreation	41 Kent Green Blvd, Kent, CT. 06757	860-927-2055	www.kentctparkandrecreation.com
Lisbon	Town of Lisbon – Senior Center	11 Newent Rd. Lisbon, CT. 06351	860-376-2329 860-376-3400	www.lisbonct.com
Madison	Town of Madison- Senior Center	29 Bradley Rd Madison, CT. 06443	203-245-5687	www.madisonct.org/seniors
Manchester	Town of Manchester- Senior Center	549 East Middle Tpke. Manchester, CT. 06040	860-647-3211	www.seniorcenter.townofmanchestor.org
Marlborough	Town of Marlborough- Social & Senior Services	17 School Drive Marlborough, CT. 06447	860-295-6209	www.marlboroghtct.net/
Meriden	City of Meriden-Senior Affairs/Max E. Muravinick Senior Center	22 West Main St. Meriden, CT. 06450	203-235-8052	www.cityofmeriden.org
Middlebury	Town of Middlebury – Elderly Social Services	1172 Whitmore Rd. Middlebury, CT. 06762	203-577-4166	www.middlebury-ct.org
Middlefield	Town of Middlefield- Senior Center	405 Main St. Middlefield, CT. 06455	860-349-7121	www.middlefieldct.org/
Middletown	Ryan White Part A/B Oasis Wellness Center	33 Ferry St. Middletown, CT. 06457	860-347-6971 ext. 3911	www.chc1.com (Resident of Middlesex County /HIV+/AIDS

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

		860-347-6971 ext. 3911		Evening congregated meals All languages via interpreter services)
Middletown	Parkville Senior Center City of Middletown-Senior Center	61 Durant Terrace Middletown, CT. 06457	860-638-4540	www.cityofmiddletown.com
Milford	City of Milford-Senior Center	9 Jepson Drive Milford, CT. 06460	203-877-5131	www.milfordseniorcenter.com (55+ Milford residents Languages Offered: Italian)
Moodus	Town of East Haddam-Senior Center	15 Great Hillwood Rd. Moodus, CT. 06469	860-873-5034	www.EastHaddam.org
Naugatuck	Town of Naugatuck-Senior Center	300 Meadow St. Naugatuck, CT. 06770	203-720-7069	www.naugatuck-ct.gov/
New Britain	City of New Britain-Senior Center	55 Pearl St. New Britain, CT. 06051	860-826-3553	www.newbritainct.gov/
New Britain	Ryan White Parts A & B Programs Human Resources Agency of New Britain	57 Arch St. New Britain, CT. 06051	860-826-4482	www.hranbct.org (Eligibility: People with AIDS/HIV)
New Canaan	Town of New Canaan Lapham Community Center & Senior Center	Waveny Park, 677 South Ave, New Canaan, CT 06840	203-594-3620	www.laphamcenter.org
New Fairfield	Town of New Fairfield-Senior Center	33 Rte. 37 New Fairfield, CT. 06812	203-312-5665	www.newfairfieldseniorcenter.com
New Haven	Atwater Senior Center (City of New Haven-Elderly Services Dept.)	26 Atwater St. New Haven, CT. 06513	203-946-8558	www.cityofnewhaven.com Languages offered: Spanish, Italian - Kosher meals available upon request
New Haven	Casa Otonal Incorporated	148 Sylvan Ave. New Haven, CT	203-773-9849	(Serving Ethnic Lunches Languages Offered: Spanish)

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

New Haven	Dixwell/Newhallville Senior Center	255 Goffe St. New Haven, CT. 06511	203-946-8541	www.cityofnewhaven.com
New Haven	East Shore Senior Center City of New Haven- Elderly Services Dept.	411 Townsend Ave. New Haven, CT. 06512	East Shore Senior Center , CT. 06512 203-946-8544	Age 55+ New Haven Resident www.cityofnewhaven.com
New London	Jewish Federation Senior & Community Services	28 Channing St. New London, CT.	860-444-6333 - Beth	www.jfec.com (Languages Offered: Hebrew, Russian, Spanish - Kosher Hot Lunch)
New London	City of New London- Senior Center	120 Broad St. New London, CT. 06320	860-447-5232	www.ci.new-london.ct.us/
New Milford	Town of New Milford- Paul Richmond Citizen Center	40 Main St. New Milford, CT.	860-355-6075	www.newmilford.org
Newington	City of Newington- Senior & Disabled Center	120 Cedar St. Newington, CT. 06111	Lunch Reservations 860-665-8778	www.newingtonct.gov/ Congregate noon meal served M-F to people ages 60+ and their any-age spouse.
Newtown	Town of Newtown- Senior Center	8 Simpson St. Newtown, CT. 06470	203-270-4310	www.newtown-ct.gov/
Niantic	Town of East Lyme- Senior Center (Niantic/East Lyme)	37 Society Rd. Niantic, CT. 06357	860-739-5859	www.eltownhall.com
North Haven	Joyce C. Budrow Senior Center Town of North Haven	189 Pool Rd. North Haven, CT. 06473	203-239-4030	www.northhaven-ct.gov Monday & Wednesday
Northford	Town of North Branford- Senior Center	1332 Middletown Rd. Northford, CT. 06472	203-484-6017	www.townofnorthbranfordct.com
Norwalk	Norwalk Senior Center South	92 Cedar St. Norwalk, CT. 06854	203-299-1500	www.norwalkseniorcenter.org Languages Offered: Spanish
Norwalk	Norwalk Senior Center	11 Allen Rd. Norwalk, CT. 06851	203-847-3115	www.norwalkseniorcenter.org
Norwich	City of Norwich- Rose City Senior Center	8 Mahan Drive Norwich, CT. 06360	860-889-5960 860-823-3700	www.norwichct.org

Food Resources

	(Service Areas: Norwich, Taftville, Yantic)			
Oakville	Town of Watertown – Senior Center	311 Falls Ave. Oakville, CT. 06770 860-945-5250	860-945-5250	www.watertownct.org
Old Saybrook	Estuary Council of Seniors	220 Main St. Old Saybrook, CT. 06475	860-388-1611	www.ecsenior.org
Orange	Town of Orange - Senior Center	525 Orange Center Rd. Orange, CT. 06477	203-891-4765	www.orangeseniors.org
Plainfield	Town of Plainfield- Senior Center (Service Areas: Central Village, Moosup, Wauregan, Plainfield)	482 Norwich Rd. Plainfield, CT. 06374	860-564-1455	www.plainfield.ct.org
Plainville	Town of Plainville- Senior Center	200 East St. Plainville, CT	860-747-5728	www.plainvillect.com/ Languages offered: Polish
Prospect	Town of Prospect- Senior Center	6 Center St. Prospect, CT. 06712	203-758-5300	www.townofprospect.org/
Redding Center	Town of Redding- Senior Center	37 Lonetown Rd. Redding Center, CT. 06875	203-938-9725 203-938-3580	http://townofreddingct.org
Rocky Hill	Town of Rocky Hill- Community Senior Center	761 Old Main St. Rocky Hill, CT. 06067	860-258-2786	www.rhparkrec.org/
Shelton	City of Shelton-Senior Center	81-Wheeler St. Shelton, CT. 06484	203-924-9324 Info Line 203-924-2355	www.cityofshelton.org
Southbury	Grace Meadows 1&11 Elderly Housing Management – Southbury (Southbury, South Britain)	380 North Poverty Rd Southbury, CT. 06488	203-264-3228 800-525-8478	http://ehm.newsam.org/
Southington	Calendar House-Senior Center (Town of Southington)	388 Pleasant St. Southington, CT. 06489	860-621-6738	www.calendarhouse.org

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

	Marion, Milldale, Plantsville, Southington)			
Stafford Springs	Town of Stafford-Community Senior Center	3 Buckley Highway Stafford Springs, CT. 06076	860-684-3907	www.staffordct.org
Storrs (Mansfield)	Town of Mansfield-Senior Center	303 Maple Rd. Storrs, CT. 06268	860-429-0262	www.mansfieldct.org
South Windsor	Town of South Windsor-Adult & Senior Services	150 Nevers Rd., South Windsor, CT. 06074	860-648-6361 ext. 328	www.southwindsor.org 60+ and spouses
Stamford	Catholic Charities Diocese of Bridgeport-Senior Nutrition	30 Myano Lane Suite 14 Stamford, CT. 06902	203-324-6175 Register or refer: mneuberger@ccfc-ct.org	www.ccfairfield.org 10 meal sites
Stamford	City of Stamford-Senior Center	888 Washington Blvd. Stamford, CT. 06904	203-977-4140	www.stamfordseniorct.org
Stamford	Jewish Community Center of Stamford	1035 Newfield Ave. Stamford, CT. 06905	203-487-0983 Connie Freeman	www.stamfordicc.org (Serves Kosher hot lunches - Languages Offered: Hebrew - Transportation available)
Stratford	Raymond E. Baldwin Center Town of Stratford-Senior Services	1000 West Broad Street Stratford, CT. 06615	203-385-4050	www.townofstratford.com
Suffield	Town of Suffield-Senior Center	145 Bridge St. Suffield, CT.	860-668-8830	https://www.suffieldct.gov/
Terryville	Plymouth Housing Authority (Pequabuck, Terryville, Plymouth)	31 Gosinski Park Terryville, CT. 06786	860-584-9355	
Thomaston	Thomaston Housing Authority – Green Manor Clare Hall	63 Green Manor Thomaston, CT. 06787	860-283-5174	
Tolland	Town of Tolland-Senior Center	674 Tolland Stage Rd. Tolland, CT. 06084	860-8703730	www.tolland.org

Food Resources

Torrington	Litchfield Hills/Northwest Elderly Nutrition Program	88 East Albert ST. Torrington, CT. 06790	800-482-4151	http://www.torrington.org/ (Call for congregate meal locations)
Uncasville	Town of Montville-Senior Center	12 Maple Ave. Uncasville. CT. 06382	860-848-4419	www.townofmontville.org
Unionville	Services for Elderly of Farmington – Senior Center	321 New Britain Ave. Unionville, CT. 06085	860-673-1441	https://www.farmingtonseniors.org
Wallingford	Town of Wallingford-Senior Center	238 Washington St. Wallingford, CT 06492	203-265-7753	www.wlfdseniorctr.com
Willimantic	Town of Windham – Windham Senior Center	47 Crescent St. Willimantic, CT. 06226	860-4560224 860-423-4524	www.windhamseniorcenter.org/
Willington	Town of Willington-Senior Center	20 Senior Way Willington, CT. 06279	860-429-8321	www.willingtonct.org/
Waterford	Town of Waterford-Community Center (Service Areas: Quaker Hill, Waterford)	24 Rope Ferry Rd. Waterford, CT. 06385	860-444-5839	www.waterfordct.org
Waterbury	La Casa Bienvenida Senior Center Hispanic Coalition of Greater Waterbury	135 East Liberty St. Waterbury, CT. 06706	203-754-6172	www.thehispaniccoalition.org
Waterbury	New Opportunities Waterbury Senior Nutrition Services	232 North Elm St. Waterbury, CT.	203-757-7738 203-757-4208	www.newoppinc.org
West Hartford	Elmwood Senior Center Town of West Hartford Elwood	1106 New Britain Ave. , West Hartford, CT. 06110	860-561-8188	www.westhartford.org
West Hartford	Elmwood Senior Center Town of West Hartford @ Federation Square	2 Starkel Rd. West Hartford, CT	860-236-4136	www.westhartford.org (Daily lunch offered at the senior center and a Kosher meal is offered at Federation Square)
West Haven	City of West Haven-Allingtown Senior Center	201 Noble St. West Haven, CT. 06516	203-937-3507	www.cityofwesthaven.com
Weston	Town of Weston-Senior Center	9 School Rd. Weston, CT. 06883	203-222-2608	www.westonct.gov 60+

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Yale Connecticut Older Adult Collaboration for Health

Food Resources

		203-222-2608		
Westport	Town of Westport- Center for Senior Activities	21 Imperial Ave. Westport, CT. 06880	203-341-5099	www.westportct.gov Languages Offered: German, French, Spanish
Wethersfield	Town of Wethersfield- Social & Youth Services	505 Silas Deane Highway, Wethersfield, CT 06109	860-721-2955	www.wethersfieldct.com Languages Offered: Polish
Windsor Locks	Town of Windsor Locks-Senior Center 60+	41 Oak St. Windsor Locks, CT. 06096	860-627-1425	www.windsorlocksct.org
Windsor	Town of Windsor- Senior Center	599 Matianuck Ave. Windsor, CT. 06095	860-285-1992	www.townofwindsor.com
Winsted	Town of Winchester- Winsted Senior Center	80 Holabird Ave. Winsted, CT. 06098	860-379-4252	www.townofwinchester.org
Wolcott	Town of Wolcott- Senior Center	211 Nichols Rd. Wolcott, CT. 06716	203-879-8133	www.wolcottct.org
Woodbridge	Town of Woodbridge- Senior Center	4 Meetinghouse Lane Woodbridge, CT. 06525	203-389-3430	www.woodbrigect.org (Lunches Tuesdays & Fridays)
Woodbury	Town of Woodbury – Senior Center	265 Main St. South Woodbury, CT. 06798	203-263-2828	www.woodburyseniocenter.blogspot.com/

Cost of Long Term Care

The Connecticut Partnership for Long Term Care

Statewide Average Private Pay Rates:

Nursing Home Facilities by CT. Town

Home Health by Agency

Home & Community -Based Services

General Information:

<https://portal.ct.gov/OPM/PDPD-HHS-Long-Term-Care/LTC-Home/Partnership-LTC-Home-General-Info>

2020 Cost of Long Term Care Report: <https://portal.ct.gov/-/media/OPM/HHS/LTC/Cost-of-LTC-in-CT---2020.pdf>

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Yale Connecticut Older Adult Collaboration for Health

Elder Law Attorneys

Further information on Elder Care attorneys for Connecticut can be obtained from the website of the National Academy of Elder Law Attorneys – <http://ctnaela.org>

Elder Law Attorneys				
Town	Name	Address	Contact	Website
Ansonia	Lyons, Tuccio & Tuccio	235 Wakelee Ave. Ansonia, CT	(203) 732-2889	
Bloomfield	Charter Oak Law Group, LLC	34 Jerome Ave. Suite 120 Bloomfield, CT 06002	(860)952-3070	
Branford	Mark R. Connell Attorney at Law, LLC	420 East Main Street, Suite 12 Branford, CT 06405	(203) 488-5586 Fx: (203) 945-1894	
Bridgeport	Cohen & Wolfe, PC Linda Joyelle Maini Greta E. Solomon	1115 Broad ST, Bridgeport, CT 06604-4234	(203) 337-4186 (203) 337-4114	
Brookfield	Rosemary B. Jones	304 Federal Rd. Ste. 106 Brookfield, CT 06804-2422	(203) 775-2675	
Cheshire	Michael J. Laden, Attorney at Law, LLD	350 South Main St. Cheshire, CT 06410	(203) 272-9092	
Cheshire	Phillip Ricciuti - Fazzone, Ryan and Ricciuti	2 Town Center Cheshire, CT 06410	(203) 250-2222 ext. 246	
Clinton	Joan Wilson - RWC, Attorneys & Counselors at Law	130 E. Main St. Clinton, CT 06413	(860) 669-1222	
Deep River	Jane R. Marsh	6 Elm St., PO Box 236, Deep River, CT 06417	(860) 526-4331	
Danbury	Charter Oak Law Group	100 Mill Plain Rd. Danbury, CT. 06811	(860) 952-3070	
Danbury	Chipman Mazzucco Emerson LLC Kasey Scarbrough Galner, Esq.	39 Old Ridgebury Rd. Ste. D2 Danbury, CT 06810	(203) 501-1712	

Elder Law Attorneys

Danbury	Murphy & Murphy, LLP -Thomas E. Murphy Michelle Murphy	36 Mill Plain Rd, Ste. 404 Danbury, CT 06811-5114	(203) 748-2766	
Danbury	Cramer & Anderson LLP	30 Main St. Danbury, CT 06810	(203) 744-1234	
Danbury	Cohen & Wolf, PC Ann L. Fowler-Cruz	158 Deer Hill Ave, Danbury, CT 06810-7728	(203) 749-5570	
Darien	L. Conrad Ambrette	23 Old Kings Hwy S, Darien, CT 06820-4541	(203)655-7931	
East Greenwich	Fabisch Law Offices	4474 Post Rd. 103 East Greenwich, RI 02818	(401) 324-9344	<a href="http://www.fabischl
aw.com">www.fabischl aw.com
Essex	Suzanna McCauley - Hudson and Kilby, LLC	PO Box 398 Essex, CT 06426	(860)767-0195	
Fairfield	Garson & Slepian David Slepian	72 Ruane St. Fairfield, CT 06824-5857	(203) 255-3483	
Fairfield	Braunstein & Todisco - Amy E. Todisco	1 Eliot Pl. Fairfield, CT 06824-5154	(203) 254-1118	
Fairfield	Law Offices of O'Donnell, McDonald & Cregeen, LLC - Sharon Cregeen	2452 Black Rock Tpke. Ste 2 Fairfield, CT 06825-2407	(203) 374-9772	
Fairfield	Law Offices of Eliovson & Tenore	117 Tunxis Hill Rd. Fairfield, CT 06825	(203) 336-2566	
Greenwich	Ivey, Barnum & O'Mara, LLC - Donna Castronovo, Cynthia L. Singer	170 Mason St. Greenwich, CT 06830-6644	(203) 661-6000	
Greenwich	Richard J. Margenot, LLC	537 Steamboat Rd, Suite 100, Greenwich, CT 06830	(203) 869-0458	
Greenwich	Beltrano Law, LLC	21 Benedict Place Greenwich, CT 06830		
Greenwich	Ferguson Cohen LLP	25 Field Point Rd. Greenwich, CT 06830	(203) 661-5222	
Groton	Wade Jensen	19A Thames St. Groton, CT 06340-3652	(860) 445-8911	
Guilford	Eric I. Emanuelson - The Emanuelson Law Firm, PC	PO Box 364 Guilford, CT 06437	(203) 453-6719	

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Yale Connecticut Older Adult Collaboration for Health

Elder Law Attorneys

Guilford	Erin O. Duques - Sullivan, Griffith & Beatty, LLP	705 Boston Post Rd Guilford, CT 06437	(203) 453-1490	
Guilford	Matthew Stillman - Stillman & Associates, LLD	23 Boston Street Guilford, CT 06437	(203) 951-0600	
Hamden	Lewis Crisci Jr. - Germonde, Pietrosimone, et al	3127 Whitney Ave. Hamden, CT 06518	(203) 407-4200	
Hamden	Fred Sette - Sette & Parnoff, PC	2324 Whitney Ave. PO Box 5366 Hamden, CT 06518	(203) 288-3367	
Kent	Cramer & Anderson LLP	14 Old Barn Rd. Kent, CT 06757	(860) 927-3568	
Litchfield	Cramer & Anderson LLP	46 West Street Litchfield, CT 06759-0278	(860) 567-4531	
Middletown	Law Offices of Elizabeth N. Byrne	141 Broad St. Middletown, CT 06457	(860) 344-1767	
Milford	Franklin Drazen & Steven Rubin - Law Offices of Franklin Drazen, LLC	245 Cherry Street Milford, CT 06460	(203) 877-7511	
Mystic	Jean Ceddia & Deborah J. Tedford	11 Masons Island Rd Mystic, CT 06355-2938	(860) 572-4707	
Mystic	Neal Bobruff, Attorney at Law	49 Whitehall Ave Mystic, CT 06355-1966	(860) 536-3430	http://bobrufflaw.com
Mystic	Law Office of Richard D. Dixon	15 Holmes St. Mystic, CT 06355-2659	(860) 536-0066	www.dixonesq.com
New Canaan	Ivey, Barnum & O'Mara, LLC	161 Cherry St, 2nd Fl, New Canaan, CT 06840	(203) 966-1492	
New Haven	Greg Barringer - Reid and Riege, PC	234 Church St. New Haven, CT 06510	(203) 777-8008	
New Haven	Lisa Davis - Davis, O'Sullivan & Priest, LLC	129 Church St., Suite 503, New Haven, CT 06510	(203) 776-4400	
New Haven	Brad Gallant - Day Pitney LLP	One Audubon S., 6th Fl. New Haven, CT 06511	(203) 752-5025	
New Haven	Frances Granquist - Pellgrino Law Firm	475 Whitney Ave. New Haven, CT 06511	(203) 787-2225	

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Yale Connecticut Older Adult Collaboration for Health

Elder Law Attorneys

New Haven	Rebecca Iannantuoni - Day Pitney	One Audubon Street New Haven, CT 06511	(203) 752-0511	
New Haven	Whitney Lewendon - Coan, Lewendon, Gulliver and Mitternberg	495 Orange Street New Haven, CT 06511	(203) 624-4756	
New Haven	Kathy Priest -Davis, O'Sullivan & Priest, LLC	129 Church St, Suite 503 New Haven, CT 06510	(203) 865-5990	
New Haven	Ronald Soccoli Jr. P.C. - Brenner, Saltzman & Wallman, LLP	271 Whitney Avenue New Haven, CT 06511	(203) 772-2600	
New Haven	Sheldon V. Toubman - New Haven Legal Assistance Association	205 Orange St. New Haven, CT 06510	(203) 946-4811, ext. 1148 fax: (203)498-9271	
New Haven	Zangari, Cohn, Cuthbertson, Duhl & Grello, PC	59 Elm St, Suite 400 New Haven, CT 06510	(203) 789-0001	
New London	Cipparone & Zaccaro - Jack Reardon, J.D., LL.M.	261 Williams St. New London, CT 06320- 5721	(860) 442-0150	www.trustestateselderlawct.com
New London	Nemchek & Poeschl, LLC	345 State St. New London, CT 06320	(860) 439-1900	
New London	Tobin Carberry O'Malley Riley Selinger	43 Broad St New London, CT 06320	(860) 772-2654	www.tcors.com
New London	Joseph J. Marino	217 Pequot Ave New London, CT 06320- 4618	(860) 772-2654	
New London	Kathleen A. Mcnamara	516 Vauxhall St. Ste. 203 New London, CT 06320- 2609	(860) 447-1968	
New Milford	Cramer & Anderson LLP	51 Main Street New Milford, CT 06776	(860) 355-2631	
Norfolk	Beltrano Law, LLC Litchfield County Office	15 Shepard Rd Norfolk, CT 06058	(860)952-3070	

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Yale Connecticut Older Adult Collaboration for Health

Elder Law Attorneys

North Haven	George Guertin and Marc P. Guertin - Guertin & Guertin LLC	26 Broadway North Haven, CT 06473	(203) 234-7400	
North Haven	Donna Levine	23 Legrand Rd North Haven, CT 06473	(203) 985-9033	
North Haven	Law Office of Amee J. Lunn LLC	26 Broadway North Haven CT, 06473	(203) 234-8408	
North Kingstown	James C. Sullivan	1130 Ten Rod Rd. Ste. B206, North Kingstown, RI 02852- 4165	(401) 294-9556	www.sullivan andsullivanla w.com
Norwalk	Law Office of Gilman & Francis, LLC	71 East Ave. Unit T Norwalk, CT 06851	(203) 807-4086	
Norwalk	Stephen Keogh	34 Wall St. Norwalk, CT 06850-3429	(203) 866-2535	
Norwalk	Diane Allison	134 East Ave Norwalk, CT 06851-5714	(203) 227-7470	
Norwalk	Miklos P. Koleszar	9 Mott Ave, Ste. 209 Norwalk, CT 06850- 3336	(203) 853-9502	
Old Lyme	Shipman & Goodwin LLP Kitchings & Potter	5-1 Davis Rd. East P.O. Box 187 Old Lyme, CT 06371-0187	(860) 434-5333	www.shipma ngoodwin.co m
Orange	Steven Floman - Floman, DePaola, LLC	378 Boston Post Rd Orange, CT 06477	(203) 795-1211	
Purchase	Neil Lubarsky & Associates	2900 Westchester Ave, Ste 311, Purchase, NY 10577- 2552	(914) 997-8558	
Ridgefield	Mark R. Zeck, Esq.	Zeck Law Offices, LLC 38C Grove St, Suite 2F Ridgefield, CT 06877	(203) 734-1100	
Ridgefield	Cramer & Anderson LLP	38C Grove Street Ridgefield CT 06877	(203)403-4005	
Stamford	Law Offices of Joel D. Muhlbaum, LLC - Sharon H. Rosen	1100 Summer St. Stamford, CT 06905-5515	(203)323-1818	
Stamford	James M. Rubino Attorney at Law	1100 Summer St. Stamford, CT 06905-5515	(203) 327- 4212	
Stamford	Tobias Weiss	1766 Bedford St. Stamford, CT 06905-4718	(203) 348-6196	

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Yale Connecticut Older Adult Collaboration for Health

Elder Law Attorneys

Stamford	Nemchek & Poeschl, LLC - Richard S. Fisher	60 Long Ridge Rd. Ste. 202, Stamford, CT 06902-1840	(203) 316-8177	
Stamford	Barbara S. Koteen	1 Atlantic St., Stamford, CT 06901-2482		
Stamford	Diserio Martin Kristina E. Kelly	1 Atlantic Street Stamford, CT 06901	(203) 569-1116	
Stratford	Kurt Ahlberg	2885 Main St., Stratford, CT 06614-4983	(203) 377-1311	
Stratford	Kevin C. Kelly - Kevin Kelly & Associates P.C.	2505 Main St, Suite 221 Stratford, CT	(203) 647-3326	
Stratford	Everett G. Sussman	215 Short Beach Road Stratford, CT 06615	(203) 231-8946	
Southbury	Chipman Mazzucco Emerson LLC - Kasey Scarbrough Galner, Esq.	325 Main Street South Southbury, CT 06488	(203) 501-1712	
Southport	Brody Wilkinson, PC Jennifer Basciano	2507 Post Rd, Southport, CT 06890-1259	(203) 319-7113	
Washington Depot	Cramer & Anderson LLP	6 Bee Brook Road Washington Depot CT. 06794-0321	(860) 868-0527	
Wakefield	Gayle F. Tarzwell	490 Woodruff Ave Wakefield, RI 02879-3538	(401) 783-0819	www.tarzwelllaw.com
Wakefield	James Couch	24 slat Pond Rd. Wakefield, RI 02879-4314	(401) 789-5410	www.Couchlaw.com
Wakefield	James V. Aukerman	60 S County Commons Way Unit G4 Wakefield, RI 02879-2299	(401) 788-9080	www.aukermanlaw.com
Wallingford	Christine Grochowski & Ann Farrell, Esq. - Law Offices of Farrell & Grochowski	375 Center Street PO Box 369 Wallingford, CT 06492	(203) 269-7756	
Waterford	Andrews & Young, P.C.	567 Vauxhall St. Ext. Waterford, CT 06385-4032	(860) 444-2101	www.newlondonlegal.com
Waterford	Linda J. Kidder Associates	567 Vauxhall St Ext. Ste 130, Waterford, CT 06385-4332	(860)437-7799	

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Yale Connecticut Older Adult Collaboration for Health

Elder Law Attorneys

Westerly	James V. Solis, Esq.	85 Beach St. Bldg. B Westerly, RI 02891-2717	(401) 596-3420	www.attorneyjamesolis.com
West Haven	Stephen R. Ketainek, LLC - Mirto, Ketainek & Barrett et al.	140 Captain Thomas Blvd. Suite 209 West Haven, CT 06516	(203) 932-2225	
West Haven	Jim Fischer - Fischer & Fischer, LLC	568 Washington Ave. West Haven, CT 06516	(203) 933-25	
Westport	Law Offices of Joel D. Muhlbaum, LLC	191 Post Road West Westport, CT 06880	(203) 221-2620	
Westport	Cohen & Wolfe, PC - Jane L Harness	320 Post Rd. W Westport, CT. 06880-4743	(203) 222-1034	
Westport	Frank E. Sisson	55 Greens Farms Rd. Westport, CT. 06880	(203) 222-4844	
Westport	Linnea J. Levine LLC - Elder Law & Special Needs Attorney	191 Post Road West Westport, CT 06880	(203) 221-2782	
White Plains	Ivey, Barnum & O'Mara, LLC	445 Hamilton Avenue, Suite 1102 White Plains, NY 10601	(914) 517-7578	
White Plains	Ferguson Cohen, LLP	1 North Lexington Ave Suite 701 White Plains, NY 10601	(914)-397-2400	
Wilton	Patricia N. Blair	5 River Rd. Ste. 206 Wilton, CT 06897-4069	(203) 801-3955	

Friendly Visitors



Senior Companion Program

Agency on Aging of South Central CT.

Senior companions spend time with individuals who are living at home and at risk for isolation. Companions provide friendship and assist with errands or light tasks around the home. 55+, income eligible. Must be able to pass background check

www.aoascc.org

117 Washington Ave. Suite 17, North Haven, CT 06473

203-752-3059 800-994-9422

Serving: North Branford, Bethany, North Haven, Orange, Shelton, East Haven, Oxford, West Haven, Woodbridge, Madison, Meriden, Seymour, Branford, Derby, Guilford, Milford, Ansonia, Northford, Hamden, New Haven and Wallingford.

Interfaith Volunteer Care Givers of Greater New Haven

Volunteers visit with older adults ages 60+ who are homebound, mobility impaired or limited activity. No Fee

www.carenewhaven.org

30 Gillies Road, Hamden, CT 06517

203-230-8994 877-227-7487 ext 1183

Serving Residents: Bethany, Branford, East Haven, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Northford, Orange, Wallingford, West Haven, and Woodbridge.

Community Member Assistance Program

UR Community Cares, Inc.

Community Members are older adult or physically disabled individuals that are linked with volunteers that can aid them such as housework, yardwork and companionship. Both volunteers and older adults in need must apply online.

Volunteers are then matched up with those in need of services depending on the needs of the person as well as the location. No Fee

Eligibility: Age 70+ or 18+ if physically disabled. Apply on website, must pass background check that is conducted by agency.

<https://URCommunitycares.org/>

Manchester, CT. 06042

860-430-4557

Service Area: Connecticut

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Yale Connecticut Older Adult Collaboration for Health

Friendly Visitors

Connecticut In-Home Assistance

Friendly Visiting/Errand Running/Shopping Assistance

Friendly visiting, general household cleaning and light housework, shopping assistance and other miscellaneous chores. Set Fee

www.cthomecare.com

99 Hawley Lane Suite 1002, Stratford, CT. 06614

203-452-9629 855-412-2273

Service Area: Fairfield County, New Haven County

Languages offered: Spanish

Intergenerational Program

Casa Otonal Inc.

Program convenes older adults and Hill area school children at Casa Otonal for mutual socialization, education and companionship. No Fee

<https://www.facebook.com/CasaOtonalINC/>

148 Sylvan Ave., New Haven, CT. 06519

203-773-9849

Service Area: Milford, Woodbridge, Bethany, Orange, Branford, East Haven, North Haven, West Haven, Hamden, New Haven

Languages Offered: Spanish

Geriatric Care Managers

Aging Life Care Association

National Headquarters and Mailing Address

3275 W. Ina Road, Suite 130, Tucson, AZ 85741-2198 &
1747 Pennsylvania Ave. NW, Ste. 1000, Washington, DC 20006
(520) 881-8008 <http://www.aginglifecare.org/>

Older Adults with Disability

Connecticut Community Care Northwest Regional Office

76 Westbury Park Road, 3rd Floor Ste. 301E, Watertown, CT 06795
(800) 870-1852/(203) 596-4800 www.ctcommunitycare.org

Geriatric & Disability Care Management - Leslie Alin Tewes, MPA Healthcare

28 Lynn Pl., Ridgefield, CT 06877
(203) 826-9206 www.tewescare.com

Serving Ridgefield and surrounding communities in CT & NY

Service Areas: Bethel Brookfield Danbury, New Fairfield, Newtown, Redding, Sherman, Barkhamsted, Bethlehem, Bridgewater, Canaan, Colebrook, Cornwall, Goshen, Harwinton, Kent, Litchfield, Morris, New Hartford, New Milford, Norfolk, Roxbury, Salisbury, Sharon, Thomaston, Washington, Watertown, Woodbury, Beacon, Falls, Cheshire, Middlebury, Naugatuck, Oxford, Prospect, Southbury, Wolcott, Ridgefield, Hartland, North Canaan, Torrington, Warren, Winchester, and Waterbury.

Geriatric Care Managers				
Town	Name	Address	Contact	Website
Avon	Patient Advocate for You LLC Sharon Gauthier Holly Grant	30 Tower Ln Avon, CT. 06001-4231	(860) 249-7271 (860) 704-1575	www.ptadvocate4u.com
Briarcliff Manor	Naomi Landesberg	28 Redwood Ln. Briarcliff Manor, NY 10510-1141	(914) 945-9128	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Care Managers

Bridgeport	Dorcas White	PO Box 5533 Bridgeport, CT 06610-0533	(203) 260-6287	
Bridgeport	Jewish Family Service	2370 Park Ave. Bridgeport, CT. 06604-1617	(203) 366-5438	
Bristol	Stephen O. Allaire	271 Farmington Ave., Bristol, CT 06010-3962	(860) 584-2384	
Bristol	Marlene Kurban	43 Enterprise Dr. Bristol, CT. 06010-7457	(860)589-6226	
Bristol	Nan O'Brien	43 Enterprise Dr. Bristol, CT. 06010-7457	(860)589-6226	
Bristol	Donna Gaudio	43 Enterprise Dr. Bristol, CT. 06010-7457	(860) 314-2933	
Bristol	Rayda Bouma	43 Enterprise Dr. Bristol, CT. 06010-7457	(860) 589-6226	
Cheshire	Elizabeth Agocs-Holler	8 Promontory Dr. Cheshire, CT 06410	(203) 272-1595	
Chester	Agneta Ziegler	4 Sypher Rd. Chester, CT. 06412-1033	(860) 526-0870	
Chester	Lisa Carlucci-Renshaw	PO Box 404 Chester, CT. 06412-9329	(860) 938-9329	
Cos Cob	The Caregiver Resource Center Linda Ziac	PO Box 122 Cos Cob, CT 06807-0122	(203) 861-9833	www.caregiverresourcecenter.com
Cos Cob	Sherry Dey	20 Butler St. Cos Cob, CT 06807-2610	(203) 536-6644	
Cromwell	Linda Worden	3 Ayrshire Cromwell, CT 06416-2703	(860) 613-2327	
East Granby	Margaret Francoeur	3 Melody Ln East Granby, CT 06026-9732	(860) 651-3170	
Fairfield	Lisa Krauss	PO Box 661 Fairfield, CT. 06824-0661	(203) 258-2640	
Fairfield	Dori L. Imsdahl	10 Tuller Rd. Fairfield, CT. 06825-3322	(530) 320-2692	
Glastonbury	Aging Care, LLC	117 New London Tpke., Glastonbury, CT 06033-6194	(860) 659-9009	
Groton	Stacey Debruin	495 Gold Star Hwy Groton, CT 06340-6228	(860) 448-6848	
Hamden	Janice Server	26 Seminole Street	(203) 494-0892	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Care Managers

		Hamden, CT 06518		
Hartford	Laura St. John	103 Woodland St. Hartford, CT. 06105-1233	(860) 249-4862	
Hartsdale	Ruth Mutzner	35 E. Hartsdale Ave. Hartsdale, NY 10530-2742	(914) 552-2477	
Larchmont	Illese Forgang	83 W. Brookside Dr. Larchmont, NY 10538-1747	(914) 833-0853	
Longmeadow	Glenmeadow Meghan L. Reynolds	24 Tabor Crossing Longmeadow, MA 01106	(800) 633-6313 (413) 567-7800	
Kensington	Paul T. Czepiga	15 Massirio Dr. Ste. 104, Kensington, CT. 06037-2352	(860) 594-7995	
Madison	Barbara Hornby	404 Race Hill Road Madison, CT 06443	(203) 421-4742	
Manchester	Elder Care Associates LLC	750 Main St., Manchester, CT 06040-5101	(866) 645-9500	https://www.eldercareconsultingllc.com
Milford	Phyllis Boynton	167 Morningside Drive Milford, CT 06460	(203) 874-1566	
Milford	Roberta Litvinoff	82 Monroe Street Milford, CT 06460	(203) 314-3856	
Mystic	Anne-Marie Foster Law office of Richard D. Dixon	15 Holmes ST Mystic, CT 06355-2659	(860) 536-0066 amarfoster@gmail.com	
Mystic	Lisa Ryan	186 Jerry Browne Rd., Mystic, CT 06355-4004	(860) 454-0820	
New Canaan	Waveny Home Healthcare	21 Grove St New Canaan CT. 06840	(203) 594-5248	
New Canaan	Carole Edelman	3 Farm Rd. New Canaan, CT. 06840- 6626	(203) 594-5300	
New Canaan	Melissa Mayernik	3 Farm Rd. New Canaan, CT. 06840- 6626	(203) 594-5441	
New Haven	Marsha R. Beller	P.O. Box 2997 New Haven, CT 06515	(203) 389-2882	
New Rochelle	Directions in Aging Miriam Zucker	1333 North Ave. Ste. A New Rochelle, NY 10804- 2100	(914) 636-7347 mzucker@directionsinaging.com	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Care Managers

Newtown	Curtis L. Symes	36 Lake Rd. Newtown, CT. 06470-1134	(203) 426-3288	
Newtown	Castle Group Home Care LLC	261 S Main St. # 114 Newtown, CT. 06470	(203) 364-4478	
Norwalk	Lois Cea	PO Box 39, Norwalk, CT. 06853-0039	(203) 831-8500	
Norwalk	Geriatric Care Management Associates	304 Main Ave # 150 Norwalk, CT 06851	(203) 984-2054	
Orange	Constellation Health Services	240 Indian River Road Orange, CT. 06477	(203) 497-3885	
Prospect	CNC Compassion N Care Nursing	50 Waterbury Rd., Ste 2B Prospect, CT. 06712-1259	(866) 854-5571 (203) 676-7371	www.compassioncare.com
Ridgefield	Leslie-Alin Tewes, MPA- Healthcare	28 Lynn Pl., Ridgefield CT. 06877-1049	(203) 826-9206 LeslieAlin@TewesCares.com	www.tewescares.com
Riverside	Joan A. Merrill Waveny Life Care Network	1 Split Timber Pl Riverside, CT. 06878-1016	(203) 594-5309	www.waveny.org
Rockfall	Susan McCandless	5 Wildwood Cir. Rockfall, CT. 06481-2058	(860) 740-6885	
Rye	Susan Riordan	11 Brevoort Ln. Rye, NY 10580-1003	(914) 698-7211	
Scarsdale	Elder Care Homecare Inc.	700 White Plains Road, Ste. 223 Scarsdale, NY 10583	(914) 220-0336	
Scarsdale	Loren Gilberg	9A Richbell Rd. Scarsdale, NY 10583-4436	(914) 582-0796	
Shelton	Lisa Twarog	2 Armstrong Road Shelton, CT 06484	(203) 291-3535	
Simsbury	Marcia Bernstein	PO Box 334, Simsbury, CT. 06070-0334	(860)217-2273	
Springfield	Jewish Family Service of Western Mass. Kathleen Bowen	15 Lenox St. Springfield, MA 01108-2666	(413) 737-2601	
Stamford	Bette Bonne	400 Main S., Stamford, CT 06901-3004	(203) 912-7222	
Stratford	Janet Girardat	100 Prayer Spring Rd	(203) 377-8442	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Care Managers

		Stratford, CT. 06614-1320		
Suffield	Linda Stevenson	1470 Mapleton Ave. Suffield, CT 06078-1343	(860) 668-5403	
Tarrytown	VNA Home Health Services	540 White Plains Rd. Tarrytown, NY 10591-5103	(914)666-7079	
Trumbull	Laurence Segall	43 Old Hollow Rd. Trumbull, CT 06611-5524	(203) 722-7763	
Wakefield	Martha Farrelly	49 S County Commons Way, Wakefield RI 02879-8269	(401) 788-2400	
Wakefield	Paula J. Foster	49 S County Commons Way, Wakefield RI 02879-8269	(401) 788-2400	
Waterbury	The Aging Matrix	98 Stoddard Rd. Waterbury, CT. 06708	(203) 437-8059	
Waterbury	Ann Wallace	63 Spring Garden Ave. Waterbury, CT. 06708-1732	(203) 753-4096	
West Hartford	Sage Solutions	PO Box 272322 West Hartford, CT 06127	(888) 206-1950 Kfreda@sagesolutions.com	https://sagesolutions.com
West Hartford	Shelby Warner	805 Farmington Avenue West Hartford, CT 06119	(860) 202-3442	
West Hartford	Anne M. Danaher	333 Bloomfield Ave West Hartford, CT. 06117-1500	(860) 236-1927	
West Hartford	Ann Leabman	333 Bloomfield Ave West Hartford, CT. 06117-1500	(860) 236-1927	
West Hartford	Carolyn Gold Levine	36 Richmond Ln West Hartford, CT 06117-1628	(860) 236-3700	
Westport	Marcy Puklin	1 Victoria Ln, Westport, CT 06880-2155	(203) 227-5752	
Westport	Jill Cohen	17 Quintard Pl # 1 Westport, CT 06880- 5634	(203) 319-1896	
Westport	Francine Sweiger	17 Quintard Pl # 1 Westport, CT 06880- 5634	(203) 319-1896	
West Springfield	Choices Elder Support, LLC	PO Box 1272 West Springfield MA 01090-1272	(413) 439-5590	

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Geriatric Care Managers

White Plains	A Dignified Life Barbara Newman Mannix	199 Main St. White Plains, NY 10601	(914) 475-7225 bjn@adignifiedlife.com	www.adignifiedlife.com
White Plains	Audrey Hiller	21 Bloomingdale Rd. White Plains, NY 10605-1504	(914) 997-8644	
White Plains	Seniorbridge Family Companies (NY) Inc.	445 Hamilton Ave. Ste. 1041-1054, White Plains NY. 10601-1807	(914) 949-5060	
White Plains	Evan Gilder	40 Prescott Ave. White Plains, NY 10605-3106	(914) 946-7725	

Geriatric Psychiatry and Therapists

Geriatric Psychiatry and Therapists				
Town	Name	Address	Contact	Website/Notes
Ansonia	Ansonia CT Psychiatric & Wellness Center	111 Wakelee Avenue, 2nd Floor Ansonia, CT 06401	203-298-9005	
Ansonia	Hill Health Adult Psychiatric Clinic	121 Wakelee Avenue Ansonia CT	(203) 503-3000	
Bloomfield	Thelissa Annette Harris MD	299 Seabury Dr. Bloomfield, CT 06002	(860) 236-2320	
Branford	Branford BHcare	14 Sycamore Way Branford, CT	203-483-2630x2200	
Branford	Branford Counseling Center	342 Harbor Street Branford, CT 06405	203-481-4248	(for Branford residents)
Branford	Kathleen Capen, LCSW	730 Main St. Branford, CT 0640	860-518-5284	Clinical Social Worker
Bridgeport	Javier Lopez, MD Neil P. Dolan, MD	267 Grant St. Bridgeport, CT. 06610	(203) 384-3897	
Bridgeport	Neil P. Dolan MD	267 Grant St. Bridgeport, CT. 06610	(203) 384-3897	
Bridgeport	Javier Lopez MD	267 Grant St. Bridgeport, CT. 06610	(203) 384-3897	
Bronx	Kenneth Robert Cohen MD	130 W. Kingsbridge Rd. 406 Bronx, NY 10468	(914) 472-6849	
Charlestown	South Shore Center Brandon Harris Krupp MD	4649 Old Post Rd A Charlestown, RI 02813	(401) 789-1367 (401) 213-6088	
Danbury	Santha T. Kurien MD	27 Hospital Ave. 304 Danbury, CT 06810	(203) 743-3833	
East Haven	East Haven BHcare, Inc.	595 Thompson Avenue East Haven, CT 06512	203-468-3297 x10	(for East Haven residents)

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Psychiatry and Therapists

Fairfield	Neayka Sahay MD	163 Oldfield Rd Fairfield, CT. 06824	(203) 298-0843	
Farmington	Touchpoints at Farmington Memory Care Provider	Scott Swamp Rd. Farmington, CT. 06032	(860) 677-7707	
Farmington	Martin M. Cooper MD	270 Farmington Ave. 309 309 Farmington, CT. 06032	(860) 677-5570	
Farmington	David Steffens MD	263 Farmington Ave. Farmington, CT. 06030	(860) 679-6700	
Farmington	Neha Jain MD	263 Farmington Ave. Farmington, CT. 06030	(860) 679-7503	
Farmington	Boski Patel MD	263 Farmington Ave. Farmington, CT. 06030	(860) 679-4733	
Farmington	Kristina Frances Zdanys MD	263 Farmington Ave. Farmington, CT. 06030	(860) 679-7503	
Farmington	Michael G. Rayel MD	263 Farmington Ave. Farmington, CT. 06030	(860) 679-6700	
Glastonbury	Audrey L. Garrett MD	55 Nye Rd. 102 Glastonbury, CT. 06033	(860) 657-3056	
Glastonbury	Harry Emanuel Morgan Jr. MD	55 Nye Rd. 102 Glastonbury, CT. 06033	(860) 657-3056	
Glastonbury	Mark Weremchuk MD	219 New London Tpke. Glastonbury, CT. 06033	(860) 633-1543	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Psychiatry and Therapists

Greenwich	Greenwich Center for Healthy Aging - Joshua Pollack MD	5 Perryridge Road Greenwich, CT 06830	203-863-4373	
Guilford	Peter Mohrer MD	5 Durham Rd Suite 5B, Guilford, CT 06437	203- 453-4870	
Hamden	Hamden Geriatric and Adult Psychiatry L.L.C. Alan P. Siegal MD	60 Washington Avenue Suite 203 Hamden, CT 06518	203-288-0414	
Hamden	CT Psychiatric & Wellness Center	2446 Whitney Ave Hamden, CT 06518	203- 298-9005	
Hamden	Alan J Sholomskas MD (CBT)	2440 Whitney Ave #16, Hamden, CT 06517	203- 248-2055	
Hamden	Spectrum Psychiatric Farzana Begum MD Lauren C. Mercer MD	60 Washington Ave # 304 Hamden, CT 06518	Farzana Begum MD 203-281-2890 Lauren C. Mercer MD (203) 288-0414	
Hamden	The Counseling Center for Elders Laura H. Kaplan LCSW, MPH, OTR	295 Washington Avenue Hamden, CT 06518	203-248-5787	
Hamden	Stacey L Salant, CP, PHD (CBT)	2440 Whitney Avenue, Hamden, Connecticut 06518-3268	203-824-6206	
Harrison	Irina Martynova MD	275 North St. Harrison, NY 10528	(914) 925-5277	
Harrison	Balkrishna Kalayam MD	600 Mamaroneck Ave Harrison, NY 10528	(914) 468-0874	
Hartford	Joanna H Fogg-Waberski MD	200 Retreat Ave Hartford, CT. 06106	(860) 545-7189	
Hartford	Raveen Mehendru MD	200 Retreat Ave. Hartford, CT. 06106	(860) 545-7060	
Hartford	Julian Offsay MD	200 Retreat Ave. Hartford, CT. 06106	(860) 545-7484	
Hartford	Farid Force MD	200 Retreat Ave.	(860) 545-7060	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Psychiatry and Therapists

		Hartford, CT. 06106		
Hartford	Karen Blank MD	200 Retreat Ave. Hartford, CT. 06106	(860) 545-7550	
Hartford	Radhika Mehendru MD	200 Retreat Ave. Hartford, CT. 06106	(860) 545-7892	
Hartford	Izabella Shuvayev MD	200 Retreat Ave. Hartford, CT. 06106	(860) 545-7200	
Hartford	Jonathan S. Greenberg MD	675-Tower Ave. 301 Hartford, CT. 06112	(860) 714-2338	
Hartford	Mohammad Ali Akmal Shamsi MD	675 Tower Ave. 301 Hartford, CT. 06112	(860) 714-2750	
Irvington	James Chingyung Chou MD	66 Manor Pond Ln. Irvington, NY 10533	(914) 591-4868	
Madison	Richard O'Sullivan M.D.	55 Bradley Road Madison, Connecticut 06443	203- 987-6466	
Mansfield Center	Douglas M Brandt MD	189 Storrs Rd Mansfield Center, CT 06250	(860) 456-1311	
Middlebury	Yuencheng Han MD	850 Straits Tpke. 203, Middlebury, CT 06762	(203) 758-2300	
Mount Kisco	Howell Evan Schrage MD	83 S. Bedford Rd. Mount Kisco, NY 10549	(914) 666-4814	
New Britain	Bryan Vincent Boffi MD	73 Cedar St. New Britain, CT. 06052	(860) 224-5285	
New Haven	Juan Carlos Cleves-Bayon MD	32 Elm Street 2nd floor New Haven CT	203-745-5278	
New Haven	Rosemary Balsam MD	64 Trumbull St New Haven, CT 06510		
New Haven	Fair Haven Behavioral Health	50 Grand Avenue New Haven, CT 06513	203-777-7411	
New Haven	Hill Health Adult Psychiatric Clinic	400 Columbus Avenue, New Haven	(203) 503-3000	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Psychiatry and Therapists

	Isis Burgos-Chapman MD	226 Dixwell Avenue, New Haven 911-913 State Street, New Haven 60-62 Grant Street, New Haven 232 Cedar Street, New Haven		
New Haven	CT Latino Behavioral Health System CMHC - Hispanic Clinic	34 Park Street New Haven, CT 06519	203- 974-5805	
New Haven	Robert F. Stern MD	340 Whitney Ave New Haven, CT 06511	(203) 562-9110	
New Haven	Drew Shannon MD	291 Whitney Ave New Haven, CT 06511	203- 624-0570	
New London	Naomi Marta Mendelovicz MD	365 Montauk Ave. New London, CT 06320	(860) 442-0711	
Norwalk	Bart A. Sloan MD	71 East Ave HV Norwalk, CT. 06851	(203) 656-1452	
Norwalk	Sudhakar Subbanna Shetty MD	71 East Ave. Norwalk, CT. 06851	(203) 656-1452	
Palmer	Ricardo A. Mujica, MD	40 Wright St. Palmer, MA. 01069	(413) 370-5285	
Rock Hill	Mohammad Dada MD	2275 Silas Deane Hwy. 6, Rocky Hill, CT. 06067	(860) 523-9426	
Simsbury	Jay S. Tillman MD	558 Hopmeadow St. Simsbury, CT. 06070	(860) 408-4882	
Stamford	Draupathi Easwaran Nambudiri MD	1 Hospital Plz Stamford, CT 06902	(203) 276-7111	
Trumbull	Javier Lopez, MD	112 Quarry Road, Suite 160 Trumbull, CT 06611	203- 551-7350	
Wallingford	Masonicare Behavioral Health Genevieve Armstrong Henry MD	657 Masonic Drive Wallingford, CT 06492	203-265-5720	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Psychiatry and Therapists

Wallingford	Genevieve Armstrong Henry MD	67 Masonic Ave. Wallingford, CT. 06492	(203) 265-5720	
Waterbury	Maria DiTomasso, MD	88 Grandview Avenue Waterbury, CT 06708	203-573-6525	
Waterbury	Leonard Stern MD	88 Grandview Avenue Waterbury, CT 06708	203-573-7265	
West Haven	Veterans Administration Hospital	Campbell Avenue, Building 2 – 3rd floor West Haven, CT	203-932-5711 x 2293	
West Haven	Marc Patrick Nespoli, MD	950 Campbell Ave West Haven, CT 06516	(203) 598-5886	
West Haven	Kirsten Matthews Wilkins, MD	950 Campbell Ave West Haven, CT 06516	(203) 932-5711	
West Haven	Louis A Trevisan, MD	950 Campbell Ave West Haven, CT 06516	(203) 655-1559	
West Haven	Hill Health Adult Psychiatric Clinic	285 Main Street West Haven, CT	(203) 503-3000	
White Plains	Jimmy N. Avari MD	21 Bloomingdale Rd. White Plains, NY 10605	(212) 746-5454	
White Plains	Robert Claringbold Young MD	21 Bloomingdale Rd White Plains, NY 10605	(914) 997-5886	
White Plains	Yolonda Pickett MD	21 Bloomingdale Rd White Plains, NY 10605	(914) 377-4746	
Woodbridge	CT Psychiatric & Wellness Center	1 Bradley Road, Suite 404 & 405 Woodbridge, CT 06525	203-298-9005	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Psychiatry and Therapists

Woodbridge	Michel Jean-Baptiste, M.D., L.L.C5	270 Amity Rd #132 Woodbridge, CT 06525	203-397-5491	
Woodbridge	Connecticut Eldercare Solutions Laura H. Kaplan LCSW, MPH, OTR	P.O. Box 3650 Woodbridge, CT 06525	203-878-7619	
Yonkers	John J. Wang MD	73 Market St. Yonkers, NY 10710	(914) 848-8030	

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Yale Connecticut Older Adult Collaboration for Health

Geriatric Services

Town	Address	Contact	Website/Notes
Hartford HealthCare Medical Group			
Avon	339 West Main St. Avon, CT. 06001	860-696-2150	https://hartfordhealthcaremedicalgroup.org
Bloomfield	30 Loeffler Rd. Bloomfield, CT.06002	860-380-5150	
Southington	462 Queen St., Suite 301, Southington, CT. 06489	860-621-6704 Center for Healthy Aging 860-628-3830	
West Hartford	445 South Main St. West Hartford, CT 06117	860-561-7272	
Willimantic	5 Founders St. Suite 100 Willimantic, CT. 06226	860-423-9764	
Connecticut Geriatric Specialty Group Hebrew Senior Care			
West Hartford	1 Abrahms Boulevard West Hartford, CT. 06117	860-218-2300	
R.E.A.C.H. - Resource for Elderly and Care at Home			
		860-524-3030	Works with the primary care provider to send an experienced advanced practice provider to the home for health visits.
Northeast Medical Group			
Stratford	99 Hawley Lane, 1st Fl. Stratford, CT. 06614	855-NEMG-MDS	www.northeastmedicalgroup.org
Northeast Medical Group-Family & Internal Medicine			
Westerly	45 Wells St. Suite 201 Westerly, RI. 02891	401-637-7200	
Center for Geriatrics			
Trumbull	112 Quarry Rd., Suite 150, Trumbull, CT. 06611	203-384-3388	
Palliative Care Services			
Bridgeport	267 Grant St. Bridgeport, CT. 06610	203-384-3388	

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Yale Connecticut Older Adult Collaboration for Health

Pharmacies that Deliver

➡ Helpful Sites:

Prescription Assistance

CVS Caremark <https://www.caremark.com/wps/portal>

SilverScript <https://www.silverscript.com/>

Pharmacies that Deliver				
Town	Name	Address	Contact	Website/Notes
Armonk	CVS	450 North Main Street Armonk, NY 10504	914-273-1231	https://www.cvs.com/store-locator/cvs-pharmacy
Avon	CVS	358 W. Main St. Avon, CT 06001	860-678-8605	https://www.cvs.com/store-locator/cvs-pharmacy
Bethel	CVS Inside Target Store	7 Stony Hill Rd. Bethel CT. 06801	203-448-1030	https://www.cvs.com/store-locator/cvs-pharmacy
Bethel	CVS	7 Durant Ave. Bethel, CT. 06801	203-794-9500	https://www.cvs.com/store-locator/cvs-pharmacy
Bloomfield	CVS	799-824 Park Ave. Bloomfield, CT 06002	860-243-1704	https://www.cvs.com/store-locator/cvs-pharmacy
Bloomfield	CVS	341 Cottage Grove Rd. Bloomfield, CT 06002	860-243-8351	https://www.cvs.com/store-locator/cvs-pharmacy
Bristol	CVS	60 Middle St. Bristol, CT 06010	860-585-0122	https://www.cvs.com/store-locator/cvs-pharmacy
Bristol	CVS	81 North St. Bristol, CT 06010	860-584-8998	https://www.cvs.com/store-locator/cvs-pharmacy
Bristol	CVS	839 Farmington Ave.- Route 6 Bristol, CT 06010	860-582-8167	https://www.cvs.com/store-locator/cvs-pharmacy
Brookfield	CVS	14 Candlewood Lake Rd. Brookfield, CT 06804	203-775-9593	https://www.cvs.com/store-locator/cvs-pharmacy

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Yale Connecticut Older Adult Collaboration for Health

Pharmacies that Deliver

Burlington	CVS	292 Spielman Highway Burlington, CT 06013	860-673-8006	https://www.cvs.com/store-locator/cvs-pharmacy
Canton	CVS	111 Albany Tpk. Canton, CT 06019	860-693-8077	https://www.cvs.com/store-locator/cvs-pharmacy
Chappaqua	Walgreens	411 King St. Chappaqua, NY 10514	914-834-0954	https://www.walgreens.com
Charlestown	CVS	3986 Old Post Road Charlestown, RI 02813	401-364-0900	https://www.cvs.com
Clinton	CVS	17 West Main St, Clinton, CT. 06413	860-664-9337	https://www.cvs.com/store-locator/cvs-pharmacy
Colchester	CVS	119 South Main Street, Colchester, CT 06415	860-537-0711	https://www.cvs.com/store-locator/cvs-pharmacy
Cos Cob	CVS	122 East Putnam Ave Cos Cob, CT 06808	203-422-2129	https://www.cvs.com/store-locator/cvs-pharmacy
Danbury	CVS	146 South St. Danbury, CT. 06810	203-797-8919	https://www.cvs.com/store-locator/cvs-pharmacy
Danbury	CVS	47-49 Lake Ave. Ext. Danbury, CT. 06811	203-778-7471	https://www.cvs.com/store-locator/cvs-pharmacy
Danbury	CVS	303 White St. Danbury, CT. 06811	203-790-9485	https://www.cvs.com/store-locator/cvs-pharmacy
Danbury	CVS	35 Padanaram Rd. Danbury, CT. 06811	203-730-4870	https://www.cvs.com/store-locator/cvs-pharmacy
Darien	CVS	964 Post Road Darien, CT 06820	203-655-6335	https://www.cvs.com/store-locator/cvs-pharmacy
Darien	Walgreens	138 Heights Rd Darien, CT 06820	203-698-1457	https://www.walgreens.com
East Hartford	CVS	972 Silver Lane, East Hartford, CT 06118	860-569-0888	https://www.cvs.com/store-locator/cvs-pharmacy
East Haven	Stop & Shop Trolley Square Shopping Center	370 Hemmingway Ave. East Haven, CT 06512	203- 468-7012	https://stores.stopandshop.com

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Pharmacies that Deliver

East Hampton	CVS	54 East High Street, East Hampton, CT. 06424	860-267-6853	https://www.cvs.com/store-locator/cvs-pharmacy
East Lyme	CVS	9 Chesterfield Road East Lyme, CT 06333	860-739-0276	https://www.cvs.com/store-locator/cvs-pharmacy
East Lyme	CVS	58 Pennsylvania Ave. East Lyme, CT. 06357	860-691-0380	https://www.cvs.com/store-locator/cvs-pharmacy
Farmington	CVS	330 Main St. Farmington, CT 06032	860-677-5047	https://www.cvs.com/store-locator/cvs-pharmacy
Gales Ferry	CVS	1657 Route 12 Gales Ferry, CT. 06335	860-464-0288	https://www.cvs.com/store-locator/cvs-pharmacy
Glastonbury	CVS	2639 Main St. Glastonbury, CT 06033	860-659-1329	https://www.cvs.com/store-locator/cvs-pharmacy
Glastonbury	CVS	766 New London Tpk. Glastonbury, CT 06033 860-633-4668	860-633-4668	https://www.cvs.com/store-locator/cvs-pharmacy
Greenwich	CVS	99 Greenwich Avenue Greenwich, CT. 06830	203-862-9320	https://www.cvs.com/store-locator/cvs-pharmacy
Groton	CVS	915 Poquonnock Road Groton, CT 06340	860-446-0144	https://www.cvs.com/store-locator/cvs-pharmacy
Hamden	Stop & Shop	2335 Dixwell Ave Hamden, CT. 06514	203-428-9615	https://stores.stopandshop.com
Hamden	Walgreens	1697 Whitney Ave Hamden, CT 06517	203-230-0610	https://www.walgreens.com
Hartford	Arrow Pharmacy (DRIVE THROUGH)	500 Farmington Ave. Hartford, CT 06105	860-522-9289	https://www.vitals.com/pharmacy/3z5hs8/arrow-prescription-center-farmington
Hartford	CVS	777 Main St. Hartford, CT 06103	860-244-9424	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	CVS	566 Farmington Ave. Hartford, CT 06105	860-233-9673	https://www.cvs.com/store-locator/cvs-pharmacy

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Pharmacies that Deliver

Hartford	CVS	150 Washington St. Hartford, CT 06106	860-595-1750	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	CVS	479 Blue Hills Ave Hartford, CT 06112	860-769-6870	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	CVS	690 Wethersfield Avenue Hartford, CT 06114	806-296-1155	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	CVS	908 Maple Ave Hartford, CT 06114	860-956-7107	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	CVS	16 Main St. East Hartford, CT 06118	860-568-1700	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	CVS	20 Burnside Ave. East Hartford, CT 06118	860-290-2091	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	CVS	1044 Boulevard West Hartford, CT 06119	860-236-9348	https://www.cvs.com/store-locator/cvs-pharmacy
Hartford	Walgreens	1291 Albany Ave Hartford, CT. 06112	860-560-1881	https://www.walgreens.com
Hebron	CVS	10 Main Street, Hebron, CT 06248	860-228-3888	https://www.cvs.com/store-locator/cvs-pharmacy
Larchmont	Walgreens	1333 W. Boston Post Rd. Larchmont, NY 10538	914-834-0954	https://www.walgreens.com
Lisbon	CVS	195 River Road Lisbon, CT. 06351	860-823-2961	https://www.cvs.com/store-locator/cvs-pharmacy
Litchfield	CVS	266 West St. Route 202 Litchfield, CT 06759	860-567-0856	https://www.cvs.com/store-locator/cvs-pharmacy
Madison	CVS	Northeast Intersection of 613 Boston Post Road and Route 79 Madison, CT 06443	203-245-3165	https://www.cvs.com/store-locator/cvs-pharmacy
Milford	Stop & Shop	1360 E. Towne Rd. Milford, CT 06460	203- 877-1841	https://stores.stopandshop.com

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Pharmacies that Deliver

Montville	CVS	601 CT-32 Montville, CT 06382	860-848-7979	https://www.cvs.com/store-locator/cvs-pharmacy
Mystic	CVS	25 Broadway Ave, Corner of East Main Mystic, CT. 06355	860-536-5635	https://www.cvs.com/store-locator/cvs-pharmacy
Naugatuck	CVS	98 Bridge Street Naugatuck, CT 06770	203-723-1172	https://www.cvs.com/store-locator/cvs-pharmacy
New Britain	CVS	475 Hartford Rd. New Britain, CT 06053 Inside Target Store	860-348-9163	https://www.cvs.com/store-locator/cvs-pharmacy
New Canaan	Walgreens	36 Pine St. New Canaan, CT 06840	203-801-0121	https://www.walgreens.com
New Haven	CVS	123 Church St. New Haven, CT 06510	203-498-9442	https://www.cvs.com/store-locator/cvs-pharmacy-address/123+Church+St-New+Haven-CT-06510
New Haven	Hancock Pharmacy VII	306 Grand Ave. New Haven, CT 06513	203-776-7100	http://www.hancockrx.com/
New Haven	Rite Aid Pharmacy (DRIVE Through)	249 Legion Ave, New Haven, CT 06519	203- 492-0090	https://www.riteaid.com/locations/ct/new-haven/249-legion-avenue.html
New Haven	Stop & Shop	Dwight Place 150 Whalley Ave. New Haven, CT. 06515	203-503-0105	https://stores.stopandshop.com
New Haven	Walgreens	88 York St New Haven, CT 06511	203-752-9893	https://www.walgreens.com
New London	CVS	817 Bank Street New London, CT 06320	860-443-5359	https://www.cvs.com/store-locator/cvs-pharmacy
New Milford	CVS	40 East St. New Milford, CT 06776	860-354-4455	https://www.cvs.com/store-locator/cvs-pharmacy
Newington	CVS	1181 Main St. Newington, CT. 06111 860-667-1888	860-667-1888	https://www.cvs.com/store-locator/cvs-pharmacy
Newtown	CVS	6 Queen St. Newtown, CT. 06470	203-426-2595	https://www.cvs.com/store-locator/cvs-pharmacy

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Pharmacies that Deliver

Newtown	Stop & Shop	Sand Hill Plaza 228 S. Main St. Newtown, CT. 06470	203-270-0827	(Mail Delivery Only) https://stores.stopandshop.com
North Haven	Stop & Shop	79 Washington Ave. North Haven, CT 06473	203-234-1757	https://stores.stopandshop.com
Norwalk	CVS	696 West Ave Norwalk CT. 06850	203-866-0949	https://www.cvs.com/store-locator/cvs-pharmacy
Norwalk	CVS	6 Willard Road Norwalk CT. 06851	203-750-6901	https://www.cvs.com/store-locator/cvs-pharmacy
Norwalk	CVS	327 Main Ave. Norwalk CT. 06851	203-847-2351	https://www.cvs.com/store-locator/cvs-pharmacy
Norwalk	CVS	281 Connecticut Ave Norwalk CT. 06854	203-299-5486	https://www.cvs.com/store-locator/cvs-pharmacy
Norwalk	Walgreens	235 Main St. Norwalk, Ct. 06851	203-845-8767	https://www.walgreens.com
Norwich	CVS	372 West Main Street Norwich, CT. 06360	860-887-5970	https://www.cvs.com
Old Greenwich	CVS	225 Sound Beach Ave	203-6987-4006	https://www.cvs.com/store-locator/cvs-pharmacy
Old Saybrook	CVS	519 Boston Post Road Old Saybrook, CT. 06475	860-388-1145	https://www.cvs.com
Ossining	Walgreens	78 Croton Ave. Ossining, NY 10562	914-923-2974	https://www.walgreens.com
Pawcatuck	CVS	37 S. Broad St. Pawcatuck, CT 06379	860-599-4030	https://www.cvs.com
Plainfield	CVS	10 Lathrop Road Plainfield, CT. 06374	860- 564-2111	https://www.cvs.com/store-locator/cvs-pharmacy
Plainville	CVS	14 Farmington Ave Plainville, CT 06062 860-793-9248	860-793-9248	https://www.cvs.com/store-locator/cvs-pharmacy
Ridgefield	CVS	467 Main St. Ridgefield, CT 06877	203-431-8888	https://www.cvs.com/store-locator/cvs-pharmacy
Ridgefield	CVS	720 Branchville Rd. Ridgefield, CT. 06877	203-544-7094	https://www.cvs.com/store-locator/cvs-pharmacy

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Pharmacies that Deliver

Riverside	CVS	1239 East Putnam Ave. Riverside, CT. 06878	203-6987-4006	https://www.cvs.com/store-locator/cvs-pharmacy
Riverside	Walgreens	1333 Putnam Ave, Riverside, CT. 06878	203-637-1496	https://www.walgreens.com
Rye Brook	CVS	253 South Ridge Street Rye Brook, NY 10573	914-937-2220	https://www.cvs.com/store-locator/cvs-pharmacy
Rye Brook	CVS	182 South Ridge Street Rye Brook, NY 10573	914-937-2220	https://www.cvs.com/store-locator/cvs-pharmacy
Rye	CVS	1121 Boston Post Road Rye, NY 10580	914-921-4192	https://www.cvs.com/store-locator/cvs-pharmacy
Southbury	CVS	22 Depot Hill Rd. Southbury, CT 06488	203-262-1831	https://www.cvs.com/store-locator/cvs-pharmacy
Southington	CVS Inside Target Store	600 Executive Blvd. Southington, CT 06489	860-406-6755	https://www.cvs.com/store-locator/cvs-pharmacy
Southington	CVS	724 Queen St. Shop Rite Plaza Southington, CT 06489	860-621-7371	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	CVS	1058 Hope Street Stamford, CT 06907	203-325-5172	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	CVS	11 Forest Street Stamford, CT 06901	203-363-0627	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	CVS	1938 West Main ST. Stamford, CT. 06902	203-323-7864	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	CVS	21 Broad Street Stamford, CT. 06901	203-388-0038	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	CVS	221 Hope Street Stamford, CT. 06906	203-921-1313	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	CVS	537 Canal Street Stamford, CT. 06902	203-323-1293	https://www.cvs.com/store-locator/cvs-pharmacy

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Pharmacies that Deliver

Stamford	CVS	593 Newfield Ave. Stamford, CT. 06905	203-967-4600	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	CVS	66 High Ridge Road Stamford, CT. 06905	203-541-3972	https://www.cvs.com/store-locator/cvs-pharmacy
Stamford	Walgreens	1203 High Ridge Rd. Stamford, CT 06905	203-322-7669	https://www.walgreens.com
Thornwood	Walgreens	35 Kensico Rd. Thornwood, NY 10594	914-747-0239	https://www.walgreens.com
Torrington	CVS	661 Main St. Torrington, CT 06790	860-482-8298	https://www.cvs.com/store-locator/cvs-pharmacy
Torrington	CVS	1922 E. Main St. Torrington, CT 06790	860-618-4008	https://www.cvs.com/store-locator/cvs-pharmacy
Unionville	CVS	Rivers Edge Plaza 45 South Main St. Unionville, CT 06032	860-675-9210	https://www.cvs.com/store-locator/cvs-pharmacy
Uncasville	CVS	2005 Norwich New London Tpke. Uncasville, CT. 06382	860-848-3202	https://www.cvs.com
Waterbury	CVS	300 Chase Ave Waterbury, CT 06704	203-437-3674	https://www.cvs.com/store-locator/cvs-pharmacy
Waterbury	CVS	2000 North Main St. Waterbury, CT 06704	203-591-3081	https://www.cvs.com/store-locator/cvs-pharmacy
Waterbury	CVS	526 Meriden Rd. Waterbury, CT 06705	203-465-7055	https://www.cvs.com/store-locator/cvs-pharmacy
Waterbury	CVS	464 Reidville Dr. Waterbury, CT 06705	203-596-0909	https://www.cvs.com/store-locator/cvs-pharmacy
Waterbury	CVS	1279 West Main St. Robinwood Shopping Plaza Waterbury, CT 06708	201-755-5490	https://www.cvs.com/store-locator/cvs-pharmacy
Waterford	CVS	900 Hartford Tpke. Waterford,	860-443-3171	https://www.cvs.com/store-locator/cvs-pharmacy

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Pharmacies that Deliver

Waterford	CVS	106 Boston Post Road Waterford, CT. 06385	860-443-1244	https://www.cvs.com/store-locator/cvs-pharmacy
Watertown	CVS	26 Davis St. Watertown, CT 06779	860-945-3390	https://www.cvs.com/store-locator/cvs-pharmacy
West Hartford	CVS	150 South Main St. West Hartford, CT 06107	860-561-6164	https://www.cvs.com/store-locator/cvs-pharmacy
West Hartford	CVS	976 Farmington Ave, Hartford, CT 06107	860-521-5844	https://www.cvs.com/store-locator/cvs-pharmacy
West Hartford	CVS	1240 Farmington Ave. W. Hartford, CT 06107	860-521-9877	https://www.cvs.com/store-locator/cvs-pharmacy
West Hartford	CVS	1099 New Britain Ave. Corner of Newington Rd., West Hartford, CT 06110	860-236-6181	https://www.cvs.com/store-locator/cvs-pharmacy
West Hartford	CVS Inside Target Store	333 North Main St. West Hartford, CT 06117	860-231-7979	https://www.cvs.com/store-locator/cvs-pharmacy
West Hartford	CVS	344 N Main St. West Hartford, CT 06117	860-231-9573	https://www.cvs.com/store-locator/cvs-pharmacy
West Hartford	Walgreens	940 Quaker Ln. S. West Hartford, CT 06110	860-231-7665	https://www.walgreens.com
Westerly	CVS	150 Granite Street Westerly, RI 02891	401-348-2070	https://www.cvs.com
Westerly	CVS	151 Franklin Street Westerly, RI 02891	401-596-8182	https://www.cvs.com
Westport	Walgreens	880 Post Rd. East Westport, CT 06880	203-226-8452	https://www.walgreens.com
Wethersfield	CVS	1078 Silas Deane Highway Wethersfield, CT 06109	860-529-2535	https://www.cvs.com/store-locator/cvs-pharmacy
Willimantic	CVS	1200 Main Street Hebron, CT 06248	860-456-5931	https://www.cvs.com/store-locator/cvs-pharmacy

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Pharmacies that Deliver

Wilton	CVS	93 Old Ridgefield Road, Wilton, CT. 06897	203-762-5020	https://www.cvs.com/store-locator/cvs-pharmacy
Windsor	CVS	484 Windsor Ave Windsor, CT 06095	860-947-5078	https://www.cvs.com/store-locator/cvs-pharmacy
Windsor	CVS	219 Broad St. Windsor, CT 06095	860-298-5925	https://www.cvs.com/store-locator/cvs-pharmacy
Winsted	CVS	47 Main St. Winsted, CT 06098	860-738-6250	https://www.cvs.com/store-locator/cvs-pharmacy
Wyoming	CVS	1187 Main Street, Wyoming, RI 02898	401-539-4000	https://www.cvs.com
Yonkers	Walgreens	1230 Nepperhan Ave. Yonkers, NY 10703	914-969-7944	https://www.walgreens.com

Podiatry Home Care

Door Bell Barber & Salon Services (Statewide, Southeastern New York State, Westerly RI) www.doorbellbarbers.com

Manicure/Pedicure/Podiatrist on staff

Contact: 1-800-887-4524 Email Support: Bookings@DoorBellBarbers.com

Podiatry Home Care				
Town	Name	Address	Contact	Website/Notes
N/A	Mobile Foot Doctor Stephen A. Irrera, D.P.M.		1-866-614-3668 e-mail: sirreradpm2mo bilefootdoctor.c om	www.mobilefootdoctor.com
Branford	Branford/East Haven Foot Care	1224 Main Street Branford, CT	(203) 488-7864	
Central CT	Manchester Podiatry Center, P.C Dr. Kenneth Wichman		1-888-804-7180	www.ctfootdoctor.com
East Haven	Branford/East Haven Foot Care	365 Hemingway Avenue East Haven, CT	(203) 466-1410	
Milford	Karen White, DPM	531 New Haven Milford, CT	(203) 877-4469	
West Haven	Thomas G. LaPointe	323 Center Street Suite #B6 West Haven, CT	(203) 764-0137	

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Prescription Drug Assistance

NeedyMeds

NeedyMeds is an online information resource of programs that provides assistance to people who are unable to afford their medications and health care costs.

Needy Meds website: <https://www.needymeds.org/>

HELPLINE: (800) 503-6897

211 Prescription Expense assistance information:

<file:///C:/Users/amr29/Documents/GWEP%20Year%205/Resource%20Manual%2010.19/Prescription%20Drug%20Assistance%20Programs/prescription-expense-assistance-connecticut.pdf>

Salon Services



Mobile Salon Service in the Home or Senior Housing Residence

Some independent salon locations offer home services. Home Health Agencies also offer foot and nail care services as part of home visitation services. To find a local Mobile Beauty Salon search for Mobile Beauty Service in your city on www.google.com or call your regular salon to see if they offer mobile services or know of someone that does.

Doorbell Barber & Salon

In-Home Services

Statewide/ Southeastern New York/ Westerly RI

1-800-887-4524

Doorbell Barbers

LLC Statewide

Christian Iannucci

(203) 521-8450

Mobile Hair Stylists Near Me

Traveling Stylists

www.thumbtack.com

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Salon Services

Mobile Salon Service

Town	Name	Address	Contact	Website/Notes
Bloomfield	Home Spa and Salon Services for Cancer Patients: Milano Salon & Spa	41 Jerome Ave Bloomfield, CT. 06002	Cutoutcancer@gmail.com 860-242-4401	https://www.facebook.com/cutoutcancerct
Bridgeport, Darien, Greenwich, New Canaan, Wilton, Weston, Stamford, Redding, Norwalk, Westport, Ridgefield, Southport, Fairfield, Stratford, Shelton	Doorbell Salon In-Home Beauty Service		Phone/TEXT 800-887-4524	
New Haven	Texture Styles Calling all Crowns	141 W Elm St. New Haven CT. 068511	201-293-8630	
Stamford	Mobile Beauty Salon	130 Ursula Pl. Stamford, CT 06902	203-326-1837	
West Hartford	In Home Hair Cuts for Seniors: Griswold Home Care of Hartford, Litchfield and Tolland County	1100 New Britain Ave West Hartford, CT. 06110	860-516-0818	
Woodbridge	Textures Styles Mobile Hair Stylist: Andrea Nixon	175 Amity Road Woodbridge, CT 06525	(203) 293-8630	

Transportation

Transportation in Eastern Connecticut is provided by a number of entities depending on the geographic location.

Check with your local senior center to see if they provide transportation.

Contact your local Area Agency on Aging for additional “Door Through Door” transportation options.

Other Resources:

Mobility Management/Travel Training

Veteran’s Transportation Programs

Area Agencies on Aging - Chaperone support program for seniors, veterans and family caregivers

Transportation				
Town	Name	Address	Contact	Website/Notes
N/A	Mercy Medical Angels (MMA) Nationwide Referral Program	N/A	(757) -318-9174	Help pay for transit & transportation https://request.angelwheels.org
N/A	Patient Airlift Services (PALS)	N/A		Medical Flights & Patient Air Transportation https://palservices.force.com
N/A	Angel Flight Northeast, Inc.	N/A	(800)549-9980	Transportation for healthcare
N/A	Veterans Airlift Command	N/A		Veteran Air Transportation https://www.veteransairlift.org

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Transportation

N/A	LogistiCare	N/A	(855) 330-9131	Rhode Island Division of Elderly Affairs
N/A	Housatonic Area Regional Transit (Hart) Sweetheart for Seniors		(203) 744-4070	http://www.hartransit.com/sweethart
N/A	The Kennedy Center, Inc.	N/A	Laurie McElwee: South Central CT Regional Mobility Manager (860) 333-7302	http://www.thekenndycenterinc.org
N/A	Know How To Go South Central Connecticut	N/A		Mobility Resources in South Central CT http://www.knowhowtogoscct.org
N/A	Liberty Community Services	N/A	(203)-495-1770	Transportation for healthcare Programs for homeless individuals https://www.libertycs.org
Bedford Hills	Katona Ez Ride Taxi	85 Crescent Terrace Bedford Hills, NY 10507-1301	(914) 232-2202	
Bethel	Bethel Senior Center	1 School St. Bethel, CT. 06801-1828	(203) 792-3048 (203) 794-8593	https://www.bethel-ct.gov SweetHart Transportation Service https://www.hartransit.com
Bethel	Sheraton Homecare LLC	208 G Greenwood Ave. STE 10 Bethel, CT. 06801	(203) 792-2273	
Branford	East Shore Regional Adult Day Center Orchard House	421 Shore Dr. Branford, CT 06405-6228	(203) 481-7110	https://theorchardhouse.org
Branford	Shoreline Villages CT	1204 Main Street, #128	(203) 747-5939	

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Transportation

		Branford, CT 06405	sylvia@shorelinevillagect.org	
Bridgeport	Lifebridge Community Services	475 Clinton Ave. Bridgeport, CT. 06605	(203) 368-5575	Ryan White HIV/AIDS Services
Bridgeport	People to Places	915 Housatonic Ave Bridgeport, CT 06604-2809	(203) 336-4806	
Bridgeport	Gbtaccess	1 Cross St Bridgeport, CT. 06610-3212	(203) 579-7777	www.knowhowtogot.org
Bridgeport	Jewish Family Services	2370 Park Ave Bridgeport, CT 06604-1617	(203) 366-5438	
Bronx	Disabled American Veterans (DAV)	130 West Kingsbridge Rd. Bronx, NY 10468		https://www.dav.org
Brookfield	Total Assurance Home Health Care LLC	487 Federal Rd. Unit C-6, Brookfield, CT 06804	(203) 702-2090	https://www.totalassurancehhc.com
Brookfield	Brookfield Senior Center	100 Pocono Rd. Brookfield, CT. 06804-3322	(203) 775-5308	https://www.brookfieldct.gov/senior-center
Brookfield	Brookfield FISH	N/A	203-616-9678	Volunteer Transportation for Medical Appts.
Charlestown	Independent Aging & Living Support Services Southern Rhode Island Volunteers	100 Park Lane 2nd Floor Ninigret Park Charlestown, RI, 02813	(401) 552-7661	
Cos Cob	Cab Sam LLC	16 Indian Mill Rd Cos Cob, CT 06807-1315	(203) 618-0180	
Cos Cob	Danny Car Service	2 Miami Ct. Cos Cob, CT. 06807-2709	(203) 561-3489	
Danbury	N M Taxi Company	3 Homestead Ave Danbury, CT 06810-6107	(203) 797-1111	

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Transportation

Darien	Gallivant Program	51 Saint Nicholas Rd. Darien, CT 06820-2823	(203) 656 -2227	
Derby	Valley Emergency Medical Service Inc.	130 Division St. Derby, CT. 06418-1326	(203) 735-7421	
East Haven	SYNERGY Home Care	152 Saltonstall Pkwy, Unit B East Haven, CT 06512-3012	(203) 691-5071	https://www.synergyhomecare.com
East Haven	Ada's Taxi LLC	218 Hemingway Ave East Haven, CT 06512	(203) 993-3333	
Fairfield	Fairfield Senior Center	100 Mona Ter Fairfield, CT 06824-6493	(203) 256-3166	
Fall River	The Shepherd's Center of Fall River	228 N Main St. Fall River, MA 02720	(508) 678-7575	Transportation Program
Greenwich	Home Helpers and Direct Link Home Care	15 E Putnam Ave Ste 134 Greenwich CT. 06830-5424	(203) 680-9148	https://www.homehelpershomecare.com
Greenwich	Dial-A-Ride of Greenwich	37 Lafayette Pl Greenwich, CT 06830-5426	(203) 661-6633	
Greenwich	Boskello Taxi Inc.	3 Fletcher Ave Greenwich, CT 06831-4909	(203) 531-7046	
Guilford	Comfort Keepers of CT Shoreline	722 Village Walk Guilford, CT. 06437-2761	203) 493-7564 (203) 453-2100	https://www.comfortkeepers.com
Guilford	Shoreline Taxi LLC	415 Briarwood Dr. Guilford, CT 06437-4808	(203) 453-4674	
Hamden	Interfaith Volunteer Care Givers (IVCG) Of Greater New Haven Transportation	30 Gillies Rd. Hamden, CT. 06517	(203) 230-8994	

Transportation

Katonah	RideConnect of Westchester	2875 Route 35, Suite 6S-5 Katonah, NY 10536	(914)-242-7433	Transportation Counselors www.rideconnectwestchester.org
Katonah	Katona Taxi Service & Transportation	78 Greenville Rd Katonah, NY 10536-1524	(914) 232-4949	
Madison	Comfort Keepers	150 Boston Post Road Madison, CT. 06443	(203) 295-7019	https://www.comfortkeepers.com
Madison	Madison Ambulance Association Inc	9 Old 79 Madison, CT. 06443-9821	(203) 245-9821 contactus@madisonctems.org	
Madison	Madison Ambulance Association Inc.	9 Old 79 Madison, CT. 06443-2604	(203) 245-9821	
Mamaroneck	Westchester Family Care Inc.	1 Depot Plaza Ste 2 Mamaroneck, NY 10543-1848	(914) 223-8067	(Uber Health Partner & Assisted Transportation) https://www.westchesterfamilycare.com
Meridan	Hunter's Ambulance & Transportation Services	450 W. Main St. Meridan, CT. 06451-2766	(203) 235-3369	https://www.huntersamb.com
Milford	Milford Transit District	259 Research Dr. Milford, CT 06460-8526	(203) 874-4507	http://www.milfordtransit.com
Milford	Orange Taxi Cab Co.	524 New Haven Ave. Milford, CT. 06460-3618	(203) 877-1460	
Mount Kisco	Mount Kisco Volunteer Ambulance Corps Inc.	310 Lexington Ave, Mount Kisco, NY 10549-2710	(914) 241-1126	(by appointment or charter)
Mount Kisco	Westchester EMS	45 Kensico Drive Mt. Kisco, NY 10549	(914) 244-0440	(Non-emergency transport services) https://www.wemsny.org/services
Mount Kisco	Westfair Rides	487 East Main St.,	(914) 764-3533	

Transportation

		Mount Kisco, NY 10549		
Mount Kisco	CLC Transportation Inc.	103 S. Bedford Rd Ste. 102, Mount Kisco, NY 10549- 3452	(914) 241-0112	https://www.clctransportation.com
Mount Kisco	Ernie's Taxi Inc.	Kirby Plaza Mount Kisco, NY. 10549	(914) 666-7373	
Mount Kisco	VIP Taxi's of Mount Kisco	2635 Carmel Ave Mount Kisco, NY 10549	(914) 666-8294	
Mount Kisco	My Second Home	95 Radio Circle Dr. Mount Kisco, NY 10549-2611	(914)241-0770	
Narragansett	Community Senior Center	53 Mumford Rd Narragansett, RI 02882-3211	(401) 782-0675	
Naugatuck	Where the Heart Is	246 Rubber Ave Naugatuck, CT. 06770-3939	(203) 720-9311	
Naugatuck	Naugatuck Senior Center	300 Meadow St. Naugatuck, CT. 06770-4038	(203) 720-7069	(Mini-bus available call ahead) http://www.naugatuck-ct.gov
New Canaan	Getabout Transportation	66 Main St. New Canaan, CT 06840-4711	(203) 972-7433	
New Fairfield	New Fairfield Senior Center	33 CT-37 New Fairfield, CT 06812	(203) 312-5665	http://www.newfairfieldseniorcenter.com/
New Haven	Road to Recovery Columbus House	258 Ella T. Grasso Boulevard New Haven, CT 06519	(800) 563-4086	Transportation for Healthcare
New Haven	Homeless Engagement Fellowship Place Inc.	441 Elm St. New Haven, CT. 06511	(203) 401-4227	Transportation for Healthcare
New Haven	Ecuamex Taxi	254 Grand Ave. Apt. 5	(203) 466-4000	

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Transportation

		New Haven CT. 06513-3725		
New Haven	American Medical Response of Connecticut Inc.	55 Church St, Fl 6 New Haven, CT 06510-3014	(203) 748-2000	
New Haven	American Medical Response	58 Middletown Avenue New Haven, CT 06513	(203) 781-1108 (203) 781-1339 (fax)	http://www.amr.net
New Haven	Quick Taxi	99 Edgewood Ave, Apt. 40 New Haven, CT. 06511	(203) 777-7778	
New Haven	New Haven Yellow Taxi	148 Fitch St, New Haven, CT. 06515-1321	(203) 777-7770	
New Haven	City Wide Taxi	119 Rock Creek Rd. New Haven, CT 06515-1289	(203) 777-0007	
Newington	Medical Transportation Disabled American Veterans (DAV)	555 Willard Avenue Newington, CT 06111		https://www.dav.org/veterans/i-need-a-ride/
New London	New London Senior Center Transportation Services	120 Broad Street New London, CT 06320	(860) 447-5232	
North Kingstown	Friends in Service to Humanity (FISH)	44 Beach St. North Kingstown, RI 02852-5745	(401) 295-1121	
North Kingstown	Town of North Kingstown Transportation	10 Beach St. North Kingstown, RI 02852-5745	(401) 268-1590	
Norwalk	Norwalk Transit District	275 Wilson Ave Norwalk, CT 06854-4615	(203) 299-5180	
Norwalk	Fish Transportation of Norwalk	1 Park St. Norwalk, CT 06851	(203) 229-9727	(Volunteer service)
Norwalk	M C Express Car Service, LLC	Hadik Pkwy Norwalk, CT. 06854	(203) 505-6075	

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Yale Connecticut Older Adult Collaboration for Health

Transportation

Norwich	Transitions Martin House Transportation for Healthcare	401 West Thames Street Norwich, CT 06360	(860) 889-6150 paulao@martinhousect.org	
Norwalk	American Red Cross Motor Service	43 North Ave. Norwalk, CT. 06851-3816	(203) 869-8444	
Providence	Beneficiary Travel (BT) for Veterans	830 Chalkstone Ave. Providence, RI 02908	(401) 273-7100 ext. 3483	VHA Providence VA Medical Center
Providence	Interim Healthcare of RI	245 Waterman St. Ste 308, Providence, RI 02906-5215	(401) 272-3520	
Redding	Heritage Center Town of Redding CT	37 Lonetown Rd. Redding, CT 06896	(203) 938-9703	Transportation for healthcare
Riverside	Greenwich Emergency Medical Services	1111 E. Putnam Ave. Ste. 102 Riverside, CT. 06878-1335	(203) 637-7505	http://www.greenwichems.org
Sandy Hook	Newtown Senior Center	14 Riverside Rd Sandy Hook, CT 06482-1219	Newtown Senior Center (203) 270-4310 Newtown FISH Medical Drivers 1-800-794-0034 SweetHart Transportation (203) 748-2511	https://www.newtown-ct.gov/senior-center
Shelton	Valley Interfaith Caregivers, Inc	183 Howe Ave Shelton, CT 06484-3323	(203) 922-1201	
Smithfield	Generations	267 Jenckes Hill Rd. Smithfield, RI 02917	(401) 725-6400	Transportation for healthcare
South Kingstown	Rhode Island Connect Care Choice for the Elderly Rhode Island Dept. of Human Services	4808 Tower Hill Rd. South Kingstown, RI 02879	(800)-964-6211	
Southbury	Cab Group LLC	1 Pomperaug Office Park Ste. 204	(203) 264-2904	

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Yale Connecticut Older Adult Collaboration for Health

Transportation

		Southbury, CT. 06488-2295		
Southbury	Southbury Ambulance Assoc. Inc	68 Georges Hill Rd. Southbury, CT. 06488-2613	(203) 262-8082	
Southbury	Always Best Care of Western CT.	88 Main St. S STE 301 Southbury, CT 06488-2667	(203) 262-6170	
Southbury	Lutheran Home of Southbury	990 Main Street North Southbury, CT 06488	(203)-264-9135	https://lhsouthbury.com
Stamford	Stamford Senior Services	945 Summer St. Stamford, CT 06905-5557	(203) 324-6584	
Stamford	Fairfield Family Care	27 5th St Stamford, CT. 06905-5013	(203) 295-3477	https://fairfieldfamilycare.com
Stamford	Yes Taxi	35 Shippan Ave. Ext. Stamford, CT. 06902-4034	(203) 964-9591	
Stamford	Senior Concierge Services LLC	89 Blue Ridge Dr. Stamford, CT. 06903	(203) 716-1242	
Stratford	Stratford Bus Dispatcher	1000 W. Broad St. Stratford, CT. 06615- 6359	(203) 385-4051	
Stratford	Curtin Transportation		(860) 443-1655	http://curtinlivery.com
Trumbull	Senior Transportation	23 Priscilla Pl. Trumbull, CT 06611-5123	(203) 452-5137	
Trumbull	Loving Care	915 Daniels Farm Rd Trumbull, CT 06611-2606	Toll-Free (877)-743-5728	
Uncasville	Eastern CT. Transportation Consortium, Inc	601 Norwich-New London Turnpike Uncasville, CT 06382	ectcmobility@ctcinc.com (860) 848-5910 (Press #2 for Reservations)	

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Yale Connecticut Older Adult Collaboration for Health

Transportation

Wakefield	Seniors Helping Others	25 Saint Dominic Rd Wakefield, RI 02879-1878	(401) 789-2362	
Waterbury	Greater Waterbury Transit District	67 Farrington Ave Waterbury, CT. 06706-1909	(203) 756-5550	https://gwtd.org
Waterbury	Curtin Transportation	77 Store Ave Waterbury, CT. 06705-1444	(203) 753-4191	http://curtinlivery.com
Waterbury	Mt. Olive Senior Center	82 Pearl St. # 100 Waterbury, CT. 06704	(203) 574-1113	
Waterbury	The Be Well Bus	64 Robbins St. Waterbury, CT. 06708-2613	(203) 573-7711	https://www.waterburyhospital.org
Waterford	Comfort Keepers	758 Broad St. Ext. Waterford, CT. 06385	(203) 295-7019	https://www.comfortkeepers.com
Waterford	Curtin Transportation		(860) 443-1655	http://curtinlivery.com
Waterford	Town of Waterford Senior Transportation	24 Rope Ferry Road, Waterford, CT 06385	(860) 444-5839	www.waterfordct.org/senior-services/pages/transportation
Westchester County	Assisted Transportation Services	Westchester County, NY	(914) 902-1808	Patient Transport services https://assistedtrans.com/home
Westerly	Westerly Ambulance Corps Inc.	30 Chestnut St Westerly, RI 02891-2269	(401) 596-4375	
Westerly	Eagle Cab Corp.	26 Riverdale Rd. Westerly, RI 02891-2824	(401) 596-0622	
Westerly	B & C Transportation Inc.	31 Canal St. Westerly, RI 02891-1511	(401) 596-8294	
West Haven	Medical Transportation	950 Campbell Ave. West Haven, CT. 06516	(203) 932-5711 ext. 3298	

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Transportation

	Disabled American Veterans (DAV)			
West Haven	Beneficiary Travel (BT) for Veterans VHA – VA Connecticut Healthcare System West Haven Campus	950 Campbell Ave. West Haven, CT 06516	(503)-273-5044	Help pay for transit, transportation for healthcare
White Plains	Right at Home Transport (Powered by Lyft)	180 S. Broadway Ste. 310 White Plains, NY 10605-1820	(914) 468-1944	https://www.rightathome.net/westchester/services/transportation
Wilton	Dial-A-Ride of Wilton	180 School Rd. Wilton, CT. 06897-2527	(203) 834-3737	
Wolcott	Aging Better at Home LLC	713 Wolcott Rd Wolcott, CT. 06716-2426	(203) 441-4422	
Woodbridge	Visiting Angels	264 Amity Rd. # 208 Woodbridge CT 06525	(203) 298-9700 (877) 618-4748	https://www.visitingangels.com
Yalesville	Logisticare	PO Box 4141 Yalesville, CT 06492-1491	(888) 248-9895	(DSS Clients Only in Bridgeport Area) https://www.logisticare.com

Transportation

Mobility Management/Travel Training

Finding solutions for personal transportation needs can be challenging for older adults. Mobility managers sort through and coordinate available transportation options to find the best choice for each individual.

The Kennedy Center, Inc. Mobility Services

Travel Training Program - Teaches seniors and individuals with disabilities how to travel independently and safely throughout the community using public transportation services.

Mobility Services, Department

The Kennedy Center, Inc.

2440 Reservoir Avenue

Trumbull, CT 06611

(203) 365-8522 ext. 2950

FAX: 1-203-306-3001

traveltraining@kennedyctr.org

Regional Mobility Information - Manager Contacts

Name	Title	Contact	Website/Notes
Mary Rosenbauer	ADA Transit Assessment Coordinator	(203)-893-3711 mrosenbauer@kennedyctr.org	
Laurie McElwee	Mobility Manager South Central Region	(860)-333-7303 lmcelwee@kennedyctr.org	Facebook: Laurie Mobility www.knowhowtogoscct.org
Meg Haffner	Mobility Manager, Southwestern CT	(203)-512-4174 mhaffner@kennedyctr.org	Facebook: Know How to Go! Southwest CT www.knowhowtogoct.org
April Chaplin	Mobility Manager, Northwest Region	(475)-298-3103 achaplin@kennedyctr.org	Facebook: April Mobility www.knowhowtogoct.org
Marlene Schempp	Ombudsman, North Central CT	(860) 667-6207 mschempp@waytogoct.org	www.waytogoct.org
John Roode	Mobility Information Specialist Eastern Connecticut	(860)-848-5911 John Roode (860) 848-59113 Ectcmobility@yahoo.com	

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Transportation

More Resources:

Transit Reduced Fare

Photo ID Program

Seniors 65 and older

Persons with a qualifying disability

\$5.00 application fee

<http://www.cttransit.com/Seniordisabled/Application.asp>

Paratransit

Connecticut ADA Paratransit Resource center

(203) 365-8522 ext. 2016 Call to apply

Shared ride at least one day in advance

Veyo

(855) 478-7350

Non-Emergency medical appointments

Husky A, C,D, Medicaid members who need to see a doctor for non-emergency medical appointments.

ANY TOWN, Fares paid by state of CT

Door to Door Service, depending on medical need.

<https://CT.rideswithveyo.com>

M 7 Wheelchair Accessible Transportation

(203) 777-7777

Private Pay On demand & Reservations/Advanced Booking

Offering Bedside Pick Up (Wheelchair Provided) Lobby to Lobby Curb to Curb

www.m7ride.com

Service must begin or End in one of the following towns.

Berlin, Bloomfield, Branford, Bridgeport, East Hartford, East Haven, East Windsor, Enfield, Farmington, Granby, Guilford, Hamden, Hartford, Manchester, Meriden, Milford, New Britain, New Haven, Newington, North Branford, North Haven, Orange, Rocky Hill, Simsbury, South Windsor, Windsor Locks and Woodbridge

Other Resources:

Multiple Sclerosis (888)-673- 6287

ALS (203)-874-5050

United Cerebral Palsy (860)-443-3800

Road to Recovery (800)-227-2345

New Britain Senior Transportation (860)-224-7117

Interfaith Volunteer Care Givers of New Haven (203)-230-8994

The Kennedy Center PPE www.palm&able.com or www.ppeplease.com

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Yale Connecticut Older Adult Collaboration for Health

Transportation



CT Transit- (203)- 624-0151
Greater Hartford Transit District (GHTD) (860)-247-5329
Greater New Haven Transit District (GNHTD) (203)-281-2520

Northeast Transit Waterbury ((203)-756-5550
Wallingford-(800)-704-3113
Meriden-(800)-441-8901
Allan Church/Meriden Transit (203)-235-6851
Wallingford Senior Center (203)-265-7753
Meriden Senior Center (203)237-0066

Bus Service

www.CTtransit.com/schedules

New Haven (203)-624-0151

New Britain (860)-727-8196

Middletown www.middletownareatransit.org
(860)-346-0212

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Transportation

Veteran's Transportation Programs

www.waytogoct.org/veteran-programs

infor@waytogoct.org

(860) 667.6207

Veterans Transportation Program (VTP)

Website: www.va.gov

(860) 667-6769

VA's Veterans Transportation Program (VTP) offers Veterans many travel solutions to and from their VA Health care facilities. This program offers services at little or no cost to eligible Veterans through the following services:

DAV

Disabled American Veteran's (DAV-CT) Transportation Network

Type of Service - Rides from Windsor to the Newington VA. Shuttles from Newington to West Haven VA.

Area Served- Transportation to and from VA medical facilities for treatment.

DAV volunteers drive disabled veterans. A 5 day lead time is necessary. Rides from 7AM to 1PM.

Phone: (860) 667-6759

Website – www.dav.org/veterans/i-need-a-ride

Cost: Free

Veterans Transportation Service (VTS)

The Veterans Transportation Service (VTS) provides safe and reliable transportation to Veterans who require assistance traveling to and from VA health care facilities and authorized non-VA health care appointments. VTS also partners with service providers in local communities to serve Veteran's transportation needs.

Partners include:

Veteran Service Organizations (VSOs)

Local and national non-profit groups

Federal, state and local transportation services

Beneficiary Travel (BT)

www.va.gov/HEALTHBENEFITS/vtp/beneficiary_travel.asp

The Beneficiary Travel (BT) program reimburses eligible Veterans for costs incurred while traveling to and from VA health care facilities. The BT program may also provide pre-approved transportation solutions and arrange special mode transportation (SMT) at the request of VA. Veterans may be eligible for common carrier transportation (such as bus, taxi, airline, or train) under certain conditions.

See if you qualify for Beneficiary Travel. Click below to apply.

www.va.gov/vaforms/medical/pdf/vha-10-3542-fill.pdf

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Transportation

Transportation from Newington VA, 555 Willard Ave Newington, CT to other VA locations-Cost-Free - (860) 667-6769

Transportation to the West Haven Campus is available via the CT Transit bus line. Train stations are in New Haven and West Haven. Transportation from the train stations to the hospital is available via CT Transit bus or by taxi. Parking is free. Shuttles run from the parking lots to the main entrances. Off site parking with shuttle service is also available at 325 Campbell Avenue located near West Haven town center in the old Mantilla Ford space.

VA Connecticut Healthcare System

To Enroll: Please mail a completed application along with a copy of your DD-214 and discharge papers to:

VA Connecticut Healthcare System

950 Campbell Avenue

West Haven, CT. 06517

Attention: Eligibility Office

VA Connecticut Healthcare System

Town	Name	Address	Contact
Danbury	Danbury VA Clinic	7 Germantown Road, Suite 2B Danbury, CT 06810	(203) 798-8422
Newington	Newington VA	555 Willard Ave Newington, CT 06111	860-666.6951
New London	John J. McGuirk Department of Veterans Affairs - Outpatient Clinic	4 Shaw's Cove, 1st Floor, Suite 101, New London, CT. 06320	(860) 437-3611
Orange	Orange VA Clinic (Errera Annex)	200 Edison Road Orange, CT. 06477	(203) 508-7700
Stamford	Stamford VA Clinic	1275 Summer Street, Suite 102, Stamford, CT. 06905	(203) 325-0649
Waterbury	Waterbury VA Clinic	95 Scovill Street Waterbury, CT. 06706	(203) 465-5292
West Haven	West Haven VA	950 Campbell Ave West Haven CT 06516	203-932-5711
West Haven	Errera VA Clinic	114 Orange Avenue West Haven, CT 06516	(203) 932-5711 Ext. 1361
Willimantic	Willimantic VA Clinic	1320 Main Street Willimantic, CT	(860) 450-7583
Winsted	Winsted VA Clinic	115 Spencer Street Winsted, CT. 06098	(860) 738-6985

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Village to Village Network

Village to Village Network:

The Village to Village Network is a nonprofit organization that brings Villages together to enable older adults to live independent, healthy, and purposeful lives with connections to their communities.

Find a local Village using the Village Map on:

<https://www.vtvnetwork.org>

Ph: (617) 299-9638

E-mail: vtv@vtvnetwork.org

[Learn More About Villages](#)

4818 Washington Blvd

St. Louis, MO 63108

 (617)299-9638

 vtv@vtvnetwork.org

Village to Village Network is a 501(c)(3) nonprofit organization (EIN# 27-1063665)

Villages:

Stay at Home in Wilton, Inc.

Location: 90 E Ridge Rd.

Ridgefield CT. 06877

Phone: 203-438-6044

Contact Information

P.O. Box 46

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Village to Village Network



Wilton, CT 06897-0046

Phone: 203-762-2600

info@stayathomeinwilton.org

Stay at Home in Wilton offers seniors supportive services and resources, along with social and educational programs that unite its members as a community and enhance their efforts to remain independent, active, and connected.

Staying Put in New Canaan

Location: 58 Pine St.

P.O. Box 484

New Canaan, CT 06840

Phone: 203-966-7762

<http://www.stayingputnc.org>

Staying Put is a nonprofit in New Canaan that provides our seniors with both the practical means and the social support to live their lives to the fullest, safely, and confidently in the New Canaan community.

At Home in Greenwich Inc

Location: 139 E. Putnam Ave.

Greenwich, CT

Phone: 203-422-2342

<https://www.athomeingreenwich.org>

At Home in Greenwich welcomes older adults from diverse cultural and socio-economic backgrounds, who seek to maintain their independence, yet aware of their need for periodic assistance. Support, services, and social connection are offered.

HomeHaven

Location: 291 Whitney Ave

Suite #103

New Haven, CT. 06511

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Village to Village Network

Phone: 203-776-7378

info@homehavenvillages.org

www.homehavenvillages.org

Amity Village, Downtown, East Rock Village, Hamden Village and Westville Village make up the six villages of HomeHaven. HomeHaven is a private not for profit organization connected to a nationwide network of virtual villages by the Village to Village Network.

HomeHaven is a community of active, engaged seniors with resources and activities to stay connected, live independently, and age well in greater New Haven.

Shoreline Village CT

Location: 1204 Main St. #128

Branford, CT 06405

Phone: 203-747-5939

<http://www.shorelinevillagect.org>

Shoreline Village is a membership organization created as a support network for Branford, Guilford, or Madison residents 50 and over to assist them with staying independent in their own homes. Services include assistance with household chores and maintenance, health and fitness, transportation needs, case management, health care services and staying connected to the community with outings and social events.

It Takes a Village 10591

Location: 265 Hunter Ave.

Sleepy Hollow, NY 10591

Phone: 914-222.5116

Contact: info@itav10591.org

<http://www.itav10591.org>

It Takes a Village 10591 is a volunteer organization dedicated to serving Westchester County residents 55 or older to live independently in their homes.

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Village to Village Network

SPRYE – Staying Put in Rye & Environs

Location: One Gateway Plaza
55 S Main St. #3
Port Chester, NY 10573
Phone: 914-481-5706
<https://www.sprye.org>

Serving Harrison, Port Chester, Rye and Rye Brook. SPRYE is an effort by residents to create a support network for themselves and their peers. Services and programs help residents enjoy a satisfying lifestyle while continuing to live in their homes and communities.

The Center for Aging in Place (CAP)

Aging in Place White Plains
P.O. Box 108
White Plains, NY 10605
Phone: 914-319-1609
aipwhiteplains@gmail.com
Phone: 914-510-2081
info@centerforaginginplace.org
<https://www.centerforaginginplace.org>

The Center for Aging in Place is a non-profit organization in Westchester County working to improve the quality of life for older adults who choose to live at home and stay engaged in community life.

The Village Common of Rhode Island

Location: 276 Angell St.
Providence, RI 02906
Phone: 401-441-5240
<https://www.providencevillageri.org>

The mission of The Village Common of Rhode Island is to fundamentally change the experience of growing older in Rhode Island by fostering communities of mutual support – Villages- across the state and by directly supporting their long term sustainability.

COACH 4M

Yale Connecticut Older Adult Collaboration for Health

Village to Village Network

Local Villages provide members with access to volunteer-provided practical support, referrals and timely information, and plenty of social programs and activities.

The Westerly Village

e-mail- Westerly@villagecommonri.org

Phone: 401-441-5240

A Community Together

Location: P.O Box 5273

Wakefield RI 02880

Phone: 401-784-7766

<https://acomunitytogether.helpfulvillage.com>
actneighbors@gmail.com

A Community Together is a support network serving older neighbors in South Kingston and Narragansett. A non-profit organization that coordinates affordable aging-in-place services for older adults by utilizing community agencies, volunteers, technology, and paid services.

COACH 4M

Yale Connecticut Older Adult Collaboration for Health